Body language
by Aurie Billot

Learning a new language can also involve not only mental activity and cultural awareness but also a lot of fun! With your focus on your new culture, you will soon be able to express yourself in a new way with your body!

One of the first things you realize when learning a new culture is how people use their bodies to interact with each other. This is definitely not the case at the beginning, because your understanding of the language is limited at this stage and you rely on a lot more gestures.

For instance, you may soon find yourself miming words for people to understand, or at what you are trying to express.

Any beginner in French will promptly study the greetings and this will be your first introduction to French body language.

To say ‘good morning’ to someone you know, you will long kiss which is basically kissing the cheeks, once, twice, or three times depending on the region you are in (but no more... if so, you are being tricked!)

Many people are unfamiliar with this habit and you may feel uncomfortable with it. I can only share this feeling for I live with the exact same situation when hugging someone in Australia. It is not a natural thing for me to do... but I can only laugh out loud when I remember my first kiss on the cheek! Quite a long hug... she hugged me straight away and I was like... a log! She makes the lips, the tongue, and then (is it natural?) you, are? Very well... definitely no. You may wonder why as it is natural. It is just too intimate to have someone’s body on mine: I hug my partner and my kids, that’s fine but when living in another country you make an effort and you go out of your natural way at times to show respect.

I am getting off topic again... but for the French ‘la bise’ (the kiss on the cheek) is a basic thing to say goodbye, or saying goodbye differently. Don’t think someone’s got a crush on you, you may be disappointed. We do it with our girlfriend, boyfriend and even men when they are very close friends or family related. I suggest you are careful saying ‘la bise’ at such a time saw an Angeleno trying to do ‘la bise’ and ending up kissing the branch of her French friend’s glasses. Unforgettable memory...

At this stage, questions from my learners arise: I want to know what or how people are doing something (if the one you are presented) 2 - How long on each cheek? (it’s quick) 3 - Do we actually have a kiss on each cheek or do we make a kiss noise only? (it’s more a little noise you make, not a big ‘Mouh!’ like when you want to blow the air while touching the person’s cheek with your cheek) 4 - How do we know if it’s 1, 2, or 3? (Well, you don’t know!)

Unfortunately, there are other ways to say hello. If you want to just touch and show you can shake your hand and show the other person’s hand. This is not disrespectful at all. However, a person naturally approaches you to ‘faire la bise’ and you show him or her your hand to shake... it can create a strange situation, a bit disrespectful and certainly uncomfortable for both of you. So, if you are a hand shaker, show it! Other body language will be on our FB page, not to make this article too long.

With practice, your body can produce new sounds and this actually means something! It took me seven years to realise people had a little smile when I was doing a certain ‘ppp’ sound, something that is obviously a French thing! With the appropriate face, this sound just ‘means I don’t know’! Then people started to practise it, a pout or to say words and to just sound like a native! Bonne journée à tous!

Douce France, Language Centre offers private/small group tuition, conversation classes and immersion programs to JSCS, ISSC students and homeschoolers. Thinking about learning French? Visit www.douce-france.com.au or email douce.france@yabo.com
Find us on FB for more resources on French language and culture!
by Marilyn Devlin

“Do whatever brings you to life. Follow your own fascinations, passions, obsessions and compulsions. Trust them! Create whatever causes a resolution in your heart.” — Elizabeth Gilbert

My feels good. April was testing… the last month. We were all pretty much just hung up. But hey, we’re still here. And still moving ahead. It seems there’s no way forward without going through.

We can’t escape our past, and we can’t escape our self. Everything needs to be brought into the light, processed and given space to integrate… accepted and allowed to be. We’re in a constant state of unfolding. We’re learning to love our self, to be with our self without conditions or restrictions.

During May our mighty Sun travels through the constellation of Taurus home to our star buddies the Pleiades. Dear luscious sensual Taurus brings us home to our body, grounds us in our physical.

And what a great place to reside. Where else is it all happening; where we find our wisdom and direction. It’s where we get to know, to remember, to let be, to be amazed… to heal.

I love being connected to my self. Yet so often I find myself removed from it, lost to it… abandoning it. Leaving it — to go where? Leaving it, lost to it… abandoning it deeply and profoundly. Where is our seasons are reversed we celebrate Samhain (Halloween). A time of approaching darkness (winter); a time of reflection, reminding us that without death there can be no rebirth. Samhain is a time when the boundary is thinnest between the worlds of the living and dead. A quiet time of connecting with our ancestors.

In some ways here in the south, especially for those of us with European ancestry we live in both worlds. The very Taurus celebration of Beltane — the sensuality and aliveness of our body and at the same time we enter our quiet time of reflection… shedding what is no longer needed, letting go of what’s past. A seemingly dormant time… of endings and closure. Preparing our soil for rebirth.

I had the wonderful opportunity to be present at the incredibly exciting and emotional celebration at Brunswick Heads on the 29th April where the Bundjalung People of Byron Bay were granted Native Title of their homeland. This experience affected me deeply and profoundly. My sense is that a powerful shift has occurred. Something has irrevocably changed. That it’s a new chapter… and one that many are excited about. Thank you for allowing me to be present (seemingly accidentally). To experience such a powerful time of shift and healing was truly extraordinary. I came away with a renewed feeling of strength and connection to my body and an emerging sense of belonging. We truly are all connected.

回家

Nimbin Crossword 2019-05

Across
2. ____ Garfunkel
4. Acquire knowledge
8. Napoleon’s exile site
9. Belongs to us
10. Short fairway shot? (4,5)
13. Money wire service (init.)
14. Rate
17. Successor to the League of Nations (init.)
19. Defamation
20. Calt leader?
23. Computer core
24. Turkish money
25. Didn’t turn up to the party? Killed using a medieval pole weapon.
26. Cooking utensil…

Down
1. Town north of Goodford (3,8)
2. Warm fermentation beers
3. She hit the first shot! (ged)
4. Grubs
5. Melbourne rag
6. British bike company
7. Botanical garden for tree conservation
11. The second person
12. Spice mix? Problem
13. Annoyance? Spring-driven
15. Corgi (humour)
16. Vets’ club
17. Aussie boot
18. Dark
21. Division? Entry
22. Faucon

Nimbin Trivia Time

by Eclectus

Questions
1. 60% to 70% of deceased Australians are cremated each year. When was cremation legalised in Australia?
2. Three separate species of one animal received extra funding in the recent Federal Budget. What were they?
3. Which giant of American sport died in March?
4. Name an English word with three consecutive double letters.
5. Are these items associated with the arts, sciences, medicine, philosophy or the military?
   (a) Mannheim Rocket
   (b) Wittgenstein’s Beetle

Solutions
1. May 2019
2. The arts
3. (a) The arts. The Mannheim School.
   (b) Philosophy.
4. There’s no such thing as coincidences.
5. 2015 – Elizabeth Gilbert

Has Your Hot Water System Been Checked Lately?

A sacrificial anode is a vital part of your water system, and having it inspected can be the difference between an efficiently working system and a costly replacement.

Manufacturers recommend that you maintain the anode in your system in order to prevent damage from rust and corrosion. After its 5th birthday — warranty expires.

**THE ANODE IN YOUR SYSTEM SHOULD NEVER BE ALLOWED TO CORRODE AWAY, WHATEVER TYPE OR BRAND OF SYSTEM YOU HAVE** — Solar, Electric, Gas or Heat Pumps.

For a LIMITED TIME we will check your anode in your system free of charge.

“**REMEMBER, YOU CAN’T LOSE.**

NO ANODE REPLACEMENT, NO CHARGE”

Comes with a 5 year warranty

Make your Hot Water system last for 30 years without replacement.

AUSIE ANODES

Arrange a free inspection: phone

1300 166 673

Doctors of Nations (init.)

Solution: Page 27
Why not learn a new skill, or possibly find a new creative interest?
Nimbin Open Learning at the Community School begins Term 2 on Wednesday 8th May and runs for eight weeks.

Late enrolments may be accepted for some classes.

This term’s classes, held at the Nimbin Community Centre, include ukulele, creative writing, hoop dance flow and conflict resolution.

Classes are designed for adult learners, and are taken by experienced locally-based tutors.

All classes cost $60 for the term.

Contact the Comskool on 6689-1477 or find them on Facebook at: Nimbinopenlearning Centre

Acquire new skills with Open Learning

by Maree Conroy

As part of our play-based curriculum at Tuntable Falls preschool, we include regular visits to our shallow creek that is located very close to our preschool.

This time to explore in nature gives the children a real connection to country.

Time at the creek provides ample opportunity for the children to nurture their creativity using just nature for play. Among many other things it also stimulates children’s physical skills and confidence in the bush that is essentially their backyard.

Many of our children live on Tuntable Falls Community and visits to the creek are part of their everyday life, so it definitely makes sense to incorporate our bush setting as part of the children’s playground.

We are very conscious that the creek environment is a risky environment. We take walkie talkies to the creek so staff are in contact at all times.

The children wear reef shoes to protect their feet, and hats and red UV shirts which are highly visible and also protect them from the sun.

As part of our strong philosophy around “The Rights of the Child” we involve children in rule setting to enable the children to participate in thinking about their own safety.

We asked the children to think of rules to keep them safe at the creek and presented this to the children as: “We have the right to be safe at the creek” Then are some of the rules they came up with: “We don’t throw rocks because we might hurt ourselves or others.” (Daisy, Gypsy)

“Stay away from the sharp toothed tadpoles” (Findlay)

“We stay close to our teachers so we are safe.” (Cello, Camilla)

“Always check for danger.” (Tyko)

“We go to the toilet before we go to the creek.” (Evey)

“We play in the shade so we don’t get burnt.” (Max, Ato)

Tuntable Falls preschool is open Tuesdays, Wednesdays and Thursdays. We are located on Tuntable Falls Community. Phone 02 6689-1179.

Did you know?
All our links are clickable in the web edition. Visit www.nimbingoodtimes.com and click away!

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nimbin.goodtimes@gmail.com
Dude, where’s my school?

by Joe Landers, teacher

I’m working at Tuntable Falls Community School and here is the problem I can’t find my school.

Other teachers, from lands far away, ask me what my school is like, and I go out on a mission to get photos, and I can’t find my school. There are just trees everywhere, every good angle blocked by trees.

They’re nice trees, big beautiful rainforest trees, fruit trees, palm trees and ferns, but no school visible. Just trees, so many trees. Definitely no selfie-with-the-school opportunity. So that’s the downside and I suspect it’s possibly not so big a problem.

On the upside, there are so many trees, trees full of local wildlife, often including the students. I know of many Forest Schools and Nature Schools around Australia and the world, and it is a wonderful development in education to acknowledge the value of time spent in a nurturing natural environment. Even if it wanted to, which it doesn’t.

Tuntable Falls School could not avoid being a rainforest school. The Kindies have the sound of water cascading down the gully when it rains, the playground weaves in and out between the trees, and the wildlife knows exactly where lunchtime is, with visiting Kookaburras, Bush Turkeys and even Butcher Birds (which is surprising for a school with a vegetarian kitchen).

The natural environment provides endless opportunities for real-life applications of literacy, numeracy and integrated everything else, and for Tuntable Falls School, that natural environment is always just there. And then there’s the garden. The garden is also an integral part of the school, with a Garden Day happening every term to celebrate the whole process of soil preparation, planting, weeding, watering, harvesting, food preparation and feasting.

At the Term One Garden Day, the students harvested and prepared the whole-school feast, which tasted incredible and was amazingly fresh of course. We then spent time further developing the constantly evolving Ethno-Botany Trail that winds through the trees, as a walking tour through the flora and fauna from the past hundreds of millions of years.

Following the Garden Day feast, students presented a whole-school Karate / Marimba performance, an excellent demonstration of sustained self-disciplined practice in movement and music. As an ideal opportunity to get a feel for what this school is about, the Garden Day is happening again in Term Two and promises to be just as spectacular, time and date to be announced.

To find the school, just follow the signs.

Easter baskets and rabbit hats

by the educators of Nimbin Early Learning Centre

We hope everyone had a lovely Easter. We had lots of fun making Easter baskets and rabbit hats, we also really enjoyed searching the playgroup for Easter eggs that the bunny dropped along its way.

This month we went on an excursion to the Lismore Northern Rivers Children’s Services playgroup. The children had so much fun and really enjoyed the bus trip in showing us lots of things along the way, whilst we were at the playgroup the children enjoyed riding all the bikes around but most of all loved the sandpit with the diggers.

We have already booked to go back in July. For our next excursion we are off to a local café, suggested by Kessan who would love to go and order a milk shake and biscuit. Please feel free to call the Centre on (02) 6689-0442. We are open Monday to Friday 8.30am-5pm.

May workshops:

GARMENT MENDING with Atelier Smith – every 2nd and 4th Wednesday, 2-4pm: drop off your old favourites while shopping at Nimbin’s Twilight Farmers Market. COMING UP IN JUNE: Building simple structures – bamboo stornes, yurt, reciprocal roofs Community Tools Library launch – join us now!

NIMBIN’S SUSTAINABLE LIVING HUB

7 Sibley Street

Mondays – Fibre Arts (starts 10.30am)

• 13th May: WILD WEAVERS – Every 2nd Monday of the month. Weaving with recycled materials and e-waste.
• 20th May: SPINNING – Every 3rd Monday of the month. Drop spindles and spinning wheels available, or bring your own.
• 27th May: SLOW CLOTH CLUB – 4th Monday of the month. Knitting machines. Bring your own or practice on ours.

Tuesdays – Waste Wise (starts 10.30am)

• 14th May: Beginners crochet.
• 21st May: Garden planning and design. Let’s get the 7 Sibley gardens growing!
• 28th May: Raised gardens, straw bales and recycled containers.

Nimbin GoodTimes

www.nimbingoodtimes.com

by Lucy White

The Nimbin Headers sports club would like to acknowledge the recent passing of two special community members, long time player Geri Price-Jones and the beautiful Toni Jansen who was tragically hit by a car in Cecil Street, not far from the Header’s field.

Along with many others in the community, the Headers Committee have written to the Lismore City Council highlighting the urgent need for footpaths and lighting along Cecil Street. Many of our young players walk along this street on their way to football training after school.

We would like to remind parents to please speak with their children about the importance of road safety and the need to walk with awareness and caution on their way to and from training. Hopefully the footpath situation will be rectified soon.

To mark the sad passing of Geri Price-Jones, many Headers past and present gathered to play a special game in his honour on 27th April at the Headers home ground, in a spirit befitting the man who always gave his all, and always played with immense heart and good spirit. RIP Geri.

Publican Jon from the Nimbin Hotel has kindly offered the Headers a regular time slot of 6-7pm every Wednesday evening to sell raffle tickets for two meat trays and a vegie tray. This is proving to be a valuable and much needed fundraiser for the club.

We encourage all punters to support the local sports club with the purchase of a raffle ticket on Wednesday nights.

Training has started back for all Miniroos, the younger grades 6-11s on Thursday afternoons from 4pm. The Miniroos and the competitive Grade 16a played their first games for the season on Saturday 4th May. It is not too late for children aged 5 – 11 years to join a Miniroo team, so come on down to Thursday afternoon training and say hi.

All registrations however must be completed on line, see: www. footballnorthcoast.com.au

The next Headers home games will be Sat 11th May, featuring full field Grade 12s and 16s from 9am, followed up by the Grade 8s and 11s at 11.30am.

If you love watching football, then we have a real treat for you coming up at the Header’s fields over the weekend of 18-19 May. The club will be absolutely buzzing with 10 exciting home games to be played over the weekend.

Saturday 18th May features home games for Grades 9 and 6 (both 9am), 12 (both 1pm and 3pm) and Mens Div 2 (1.30pm) and Mens Div 1 (2.30pm). For more games and all the details please refer to the full fixtures list on the Headers Facebook page.

Remember, our canteen is open for all home games with homemade pies, cakes, slices, coffee and drinks, so come on down and support your local club while watching some home grown local talent on the pitch.