Mental health services globally are reporting a spike in numbers of people expressing despair, depression and hopelessness about the future of life on Earth.

“It’s normal to feel sad when we hear daily reports of animals, birds, insects and plants going extinct,” said Ruth Rosenheek of Extinction Rebellion (XR), Lismore.

“And we’ve long known that action is an antidote to depression.”

Ruth said that facing those feelings in a time of climate emergency, and honouring the insights they bring, can “lead to finding the courage to stand up, put our best foot forward and take action.”

XR Lismore held a Die-in at the Lismore Square food court at the end of June, “playing dead” for a few minutes while the International Declaration of Climate Emergency was read out.

by Benny Zable

I attended a rally outside the Indian High Commissio...
Nimbin Widjabal Wai:Bal Warriors

Help keep Peacebus rolling along with courage.

Elders past, present and drawing on the spirits from the traditional smoking, the fire burning alongside the Aboriginal Cultural Centre.

15th June at the Wai:Bal Phillips on Saturday was celebrated with Linda Rites Teachings and Trials the Aboriginal Dance.

12th July. The Reconciliation Walk begins at 10.30am. See the great line-up which will feature the Nimbin Widjabal Wai:Bal Warriors.

The Nimbin HEMP Embassy hosted a High Tea for Peacebus in June to help raise funds to keep 76-year old Graeme Dunstan’s Peacebus rolling, and is appealing to others to chip in.

As the director of the 1973 Aquarius Festival, the event which led to the re-creation of the Nimbin village as the counter-cultural capital of Australia, Graeme Dunstan has had a long association with Nimbin, and the campaigns for social change arising from it.

Peacebus is Graeme’s long time and far-travelling vehicle, and with 630,000km on the clock and no reverse gear, it is now worn out and in need of replacement.

It has had many adventures, including the plunge into the creek behind Nimbin after last year’s MardiGrass (insert pic). HEMP Embassy President, Michael Balderstone said, “Graeme has done so much for Nimbin and the Northern Rivers over the years. Indeed the HEMP Embassy exists today in the building that it does because of Graeme’s initiative in acquiring it for the 1973 Aquarius Festival and keeping it in community ownership afterwards.”

“Help support him and keep Peacebus rolling on by making a donation. Not everybody can live in a van and devote their life to political and cultural activism.”

For direct deposit: Graeme Dunstan BSB: 728728 A/C: 22289422, or donate on-line at: https://chuffed.org/project/keep-peacebus-rolling-on

For further information, Graeme Dunstan can be contacted on 0407-951-688, or go to: www.peacebus.com

WHITNEY BROTHERS EXCAVATIONS

“We do the dirty work”

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• Small grader
• Tippers
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Hugh Mackay to speak in Mullum

De Hugh Mackay AO (pictured) has dedicated his life to uncovering what makes Australians tick. The best-selling author and renowned social researcher shines lights on who we are, how we live, the relationships we create, and the thread of our social fabric.

At Ngara Institute’s annual lecture in Mullumbimbi this month, Hugh Mackay will delve into the social and cultural shifts, both big and small, that have spread through society over the past few generations, creating increasing distrust, disillusionment and fragmentation.

Last year, as he entered his ninth decade, Dr Mackay published his “most outspoken” book ever on a topic he is passionate about: rebuilding social cohesion. The title says it all: Australia: Unimagined Futures. As Co-chair of the Australian Reimagining A Better Australia: Compassionate, Less Anxious, Society, Dr Mackay says the recent divisive, dishonest and ruthlessly competitive election campaign did not help. A strong civil society depends on people generally engaging with each other in mutually respectful ways. It depends also on close, inclusive and supportive communities finding their way to common ground.

Despite a sense of doom and gloom he believes the future holds. Dr Mackay is endlessly optimistic about what the future holds.

Whensoever I spend time with younger people, the much-maligned millennials, I think they are much better equipped to deal with the changes in society. They understand the need to work more co-operatively, to recognise the importance of individuality. They are the keys to a better future,” he said.

The evening will open with the presentation of the Australian Activist of the Year Award to William Triggs and Leslie Hughes of the Climate Council. This Award is generously supported by Enova Energy.

Will Steffen will give a short talk, followed by Mayor Simon Richardson launching the Byron Shire Human Rights Charter, a co-creation after Ngara Institute’s 2018 Annual Lecture by Gillian Triggs.

For screening of intelligence, hope and insight, join Ngara Institute at the Civic Memorial Hall on Saturday 20 July, 7pm – 8.30pm.


Doors open for food and hot drinks at 5.30pm, music by Elena B Williams from 6pm.

Staying sane in the late Anthropocene

by Aidan Ricketts

I can’t personally remember a more insane and dangerous time in world and domestic politics. We watch almost helplessly as the sixth great extinction, this time caused by humans, ravages life on this planet. No matter how graphic the reality of the climate and extinction crisis becomes, there seems to be two parallel universes in play. One is the reality of our planet, its atmosphere and the processes of life, the other is a largely delusional world of perpetual growth capitalism, cryonism and corruption. The problem itself seems to exist in one universe and the societal response in another delusional universe that only makes things worse.

Before we get to what to try to do about the madness of the modern world, it’s worth considering how to survive it day to day with our sanity more or less intact. The key is to first try to understand the difference between the world as it is and the world as many people believe it is.

We live in an ecology (an ecological system) first and foremost. Our society and economy relies entirely on that ecological system. Our economy at best is an abstraction based upon our ecological reality, but sadly it has developed its own systemic logic that contradicts both ecology and basic physics.

In earlier capitalism a family could own a single store, farm, workshop or factory and keep it as their subsistence business for generations without a need for continuing expansion. However with the rise and dominance of global corporations, we have become enmeshed in a Ponzi scheme of shareholder profit maximisation that has produced a flawed dependence upon continual ‘economic’ growth, on a finite planet.

The madness of an economic driver that contradicts basic physics is the beginning of why we feel that we are living in parallel universes, one the real ecological world and the other a false economic system. Our economy is by nature (in every sense of the word) a system of adaptive resilience. Our economy on the other hand, being a Ponzi scheme, collapses if it stumbles at all. It will stumble and it will collapse very rapidly.

It almost amuses me to watch the way that many people, seem to think that ecological collapse is something we are going to be able to watch from the (illusory) safety of our economy and society. As if the ecological system is some ‘other’ thing that we really should care about but that is somehow separate to us. People just can’t get this. Nonsensical ideas like jobs vs environment, responding to climate change being too economically difficult or even the idea that social issues needed to be given priority over environmental issues are all signs of being trapped in the dangerous collective psyche of our times.

So how do we find sanity, and is there such a thing?

I think it’s helpful to remember that disconnection is the cause of the mass psychosis, so connection and reconnection must be the first step out of this.

A deeper connection to the planet and universe is the best antidote to the despair and confusion we face. First, connecting deeply to our ecological reality is a necessary grief, given the conditions we face, but in order to be less competitive and less anxious, the bigger context is the one sole place from which to observe the unfolding madness that surrounds us. Connection helps remind us of the sanity of physics, the vastness of the universe and time, the persistence of life and the resilience of evolution. Whether we survive or not (personally or collectively), our sanity in the present can only rely on our deep connectedness to life and the distance we can put between our perspective and the collective psychosis of our society and culture.

I am not saying we are all doomed. I frankly don’t know and keep an open mind on whether we can turn this around. But we should expect major disruption because business as usual is not possible. We will lose a lot of species, whether we see human extinction, or not.

Economic and social collapse, however painful it is for all and any of us, will be all the more threatening, bewilderding and incomprehensible those who remain trapped within the very psychosis that is collapsing on itself. Whilst it may not save us from the food shortages, the wars, or the fascism, having a place to stand, grounded in science, in nature, in physics and ecology and also to First Nation world views that precede this anthropocenic madness, will enable us to know the difference between the collapsing madness and the real potential for regeneration.

Our connectedness to the lifeworld, as it may make us, is the only source of the sanity we need to attempt to survive individually and collectively. The immediate future is too unpredictable to attempt to give advice on what is the best things to do to avoid catastrophe. We should definitely continue to speak truth to power, organize, rebel, protest and promote solutions, maintain respect for life and human dignity. But as we continue our work for survival we need to know where our feet are grounded.

Life itself is an immensely powerful and adaptive force that persuades this incredible planet. Even if we go full way into this sixth great extinction, life on earth will survive. It begins in extremophile bacteria in lava flows, so it has a force well beyond that of capitalism.

We need to continue to be activists for survival, and each of us can best access our intuitive intelligence on how to best do this. To do that we need to maintain our connection with life, with the planet, and with each other.

Disconnection is an inevitable and regenerative culture is key.
Crime writers at School of Arts

Celebrated crime writers Michael Robotham and Jock Serong, along with author Kristina Olson and poet Omar Sakr are doing their time for crime, on the run in the Byron Writers Festival StoryBoard bus for a series of free community events in the lead up to their appearances at Byron Writers Festival.

Before becoming a best-selling crime novelist, Michael Robotham (pictured, left) was an investigative journalist working across Australia, America and Brazil.

As a journalist and writer, he investigated notorious cases such as the serial killer couple Fred and Rosemary West. He has worked with clinical and forensic psychologists as they helped police investigate complex, psychologically-driven crimes.

Catch the gang for a rewarding night of crime, art and entertainment, as they divulge their darkest literary secrets, where the bodies are buried and who they had to kill to get published in the first place.

The Art of Crime is a free event – it will be held on Tuesday 30th July at the Nimbin School of the Arts, 47 Cullen Street Nimbin from 6.30 to 8pm.

Did you know?

Charity of the day:

Buskers stage:

Enquiries: 6688-6433

Next Market 14th July
Main stage:

Mish Songsmith
Ruckers stage:

Ben Julian
Charity of the day:

Rosebank Public School

Every Saturday
9am – 3pm

Enquiries: 6688-6433

Nimbin Farmer’s Market

Fresh Certified Organic & Local Spray Free Produce
Organic Groceries, Treats & Specialty Foods
Member & Volunteer Discounts
Great Value in Organics

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Seed and plant exchange
by Mandie Hale

At the inaugural June meeting at 7 Sibley Street, a small but enthusiastic group, facilitated by Steph Seckold, discussed aims and possible outcomes, and brainstormed ideas for engaging people’s interest, participation and ongoing commitment. It was decided that the scope of the Seed Exchange be widened to include not only vegetable seeds but also other edible plant material, fruit trees and useful native species. A vision statement was formulated stating the goals as “protecting rare, endangered and heritage plant breeding stock suitable for our region, by distributing propagating material and encouraging seed saving to refresh the seed bank.” It aims to promote the concept of seed saving and share skills and information about plant conservation. A new name was suggested: Nimbin Futures Market: Seed and Plant Exchange.

7 Sibley Street is able to provide a permanent home for a seed library, with propagating material being grown in the garden.

In your neighbourhood...
Nimbin Neighbourhood and Information Centre News

• Wildlife (Part 1 & 2).
• Schools, skills and venues
• Community owned and operated;
• Things to do;
• Living on the land;
• Jingi Wala;
• Welcome and a brief history;
• What kind of volunteering work is there? (a list of volunteer organisations to check out the website for the latest details.)
• On the horizon – check out the calendar.
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Dual language sign to be unveiled during NAIDOC Week

by Teresa Riscoe, co-ordinator, Nimbin Community Centre

This month we are proud to announce that the Nimbin Community Centre and the Nimbin Aboriginal Cultural Centre will be unveiling a Dual Languages Sign to accompany the wonderful mural (pictured) that was funded by Lismore Council, and produced by local indigenous artists: Gilbert Laurie, Oral Roberts and Lewis Walker, in Allsopp Park. The sign tells the creation story of the Bundjalung Country, identifying the significant constellations, rivers and animals in our local landscape, in both English and Bundjalung.

Last year we obtained grant funding from the Indigenous Arts and Languages Program for this project. We worked with the artists who gave us the story and language components for the sign. We will have the ceremony at 11am in Allsopp Park on Friday 12th July, as part of the Nimbin NAIDOC celebrations. Mayor Stitt will unveil the sign, and the artists will tell the story illustrated by the mural in both English and Bundjalung.

Widjabil Warriors

In June, the Community Centre was host to a very special cultural event organised by the Nimbin Aquarius Foundation and funded by the Lismore City Council Community Grants Scheme. Called Widjabil Warriors, it featured traditional dance, music and cultural practice from our local indigenous community, followed by a BBQ featuring traditional bush foods.

We are so lucky to have such an active indigenous community who are prepared to generously share their culture with us and wonderful tenants like the Aquarius Foundation who work to bring these kinds of events to the village for us to share.

Aboriginal Cultural Centre

Linda Phillips (pictured) from the Aboriginal Cultural Centre has been working to open the Centre and offer coffee from the newly-installed coffee machine and a warm meal to anyone coming through.

She and other members from the indigenous community are working to keep the space open at least three days a week. They are also having a regular Saturday jam space in the daytime.

I would encourage everyone, if you see the doors open please come in and enjoy a hot coffee or a heart-warming meal. Enjoy the Indigenous Art on display and available for sale from our local indigenous artists.

All money collected will go towards improving and developing the Cultural Centre so that they can provide more activities and training and workshops for the local indigenous community and more opportunities to share their rich culture with our village.

The Cultural Centre is always open to workshops for the broader community to learn about culture. Please contact Sasha (0499 382 668) or Linda Phillips (0499-965-388) if you are interested in conducting a workshop.

Assistance for Veterans

A couple of months ago we were approached by the Lismore RSL to provide a space where they could provide outreach services for local veterans in the Nimbin area.

They are starting a monthly session 9-12pm at the Birth and Beyond Meeting Room (behind the Apothecary at 54 Cullen Street) on the first Monday of the month.

They intend to provide components for the sign.

Assistance, Advice, Advocacy and Guidance for Veterans with claims through DVA, housing from the Defence Care Housing Advocate and Referrals to Allied Health Providers.

You can phone 02 6621-3851 or email scig@lismoredcn.com.au or if you need any information or to make an appointment.

Please let anyone who needs this service know what is happening. Our veterans deserve all the services and they can get when recovering from the trauma of war.

My Community Project NSW

From 15th July to 15th August, residents from the state electorate of Lismore will be able to vote for their preferred project.

We have submitted a proposal to upgrade and improve the disability access to the drop off area for the Nimbin Aged Care and Respite Service.

There is a limited pool of funds allocated to our area, and the projects with the most votes will receive the funding. We urge residents to go online at: www.nsw.gov.au/improving-nsw/projects-and-initiatives/my-community-project/ and lodge a vote for your preferred projects. Hopefully you will put this project at the top of the list.

Some good news,…

Last month we received an anonymous donation from someone in Port Macquarie of six new cold-weather jackets. These were passed on to the Neighbourhood Centre for distribution to those in need in our community.

Thank you to that thoughtful person, you restore my faith in humanity.

Nimbin Community Centre, 81 Cullen Street Nimbin, phone (02) 6689-0000, email: ncci@nimbincommunity.org.au

Office opening hours: 10am to 2pm, Monday to Thursday. www.nimbincommunity.org.au

Chamber Chat

by Teresa Riscoe, Vice-President

Another busy month for the Nimbin Chamber of Commerce.

We started the month with a meeting with the new General Manager, Shelley Oldham and the Planning Officer in charge of sustainable development, Peter Jeuken. We discussed several issues of concern for Nimbin including Nimbin and the DCP.

Shelley acknowledged the importance of the villages and that they are the heart of the community in the Lismore Shire but also acknowledged that Community Development Corporations have been over-ridden by state planning laws and a lack of prior strategies to preserve and integrate the village’s interests into the Lismore Strategic Plan.

We were advised by Peter Jeuken to lobby our state representatives for infrastructure funding for the villages.

Diana Roberts spoke of the approvals given by council for extensive development around the village without the corresponding infrastructure investment or planning from Council which has ignored community feedback around traffic and parking strategies, pedestrian footways, cycle ways and main street beautification.

Whilst section 94 contributions have been collected from developers none of it appears to have been used to improve infrastructure for the village or secured to ensure it is available when needed.

This is despite recommendations made in the recent parking document that the Council needs to purchase more land for parking.

We spoke about our anger that the Walking Streets Project despite over $70,000 of public funds already invested and being identified as a long term village project was dropped by council.

The General Manager was adamant that until right of way issues were fully resolved council was unwilling to take any further action as they have been advised that they will not get public liability insurance for the walking trail.

We discussed whether the area identified could be transferred to a community organisation, whereby removing Council from liability.

We also recommended to council that they recognise the work that the Nimbin AIK Society has done to maintain and enhance Bellevue Park and that this be considered in the upcoming negotiations by the AIK to purchase the area to secure it for the future use of the organisation.

We also spoke about the correspondence that we have sent to council around a range of issues that have not been responded to. Shelley said that she is aware of the issues around response times to enquiries, and it is one of the organisational issues she hopes to address in the coming months ahead.

The General Manager acknowledged all our concerns, but stated that due to financial difficulties she was currently dealing with many community interests and needs would be put on hold until the LCC was in a better position to fund further projects.

Our General Meeting in the middle of the month featured the presentation of the new Economic Development Strategy for Lismore and its villages by Flora Zigerman from Community Liaison from Lismore Council.

She spoke of the upcoming consultation process and survey and asked us to get the community to feed the feedback into the process to ensure that the village voice is considered and integrated into the new plan.

Flora has sent us the following links to assist you with your online submission:


This link is to download the document which is Council’s proposed annual budget for the 2019/20 financial year: https://www.lismore.nsw.gov.au/44131/documents/105971

Please have your say follow these links and let LCC know what you think we need as a village.

Natalie Meyer presented the draft Welcome to Nimbin Kit. This is a folder full of great information for new people moving to village about who we are, what our community culture and values are and how people can engage in the village.

Natalie will have it finished soon and the Nimbin Chamber is proud to support this very worthy project.

Stephanie Seckold then took the stage and presented the logo, posters, stickers, flyers that she has developed for the Nimbin Buy Local Campaign.

They provided easily identifiable materials that allow local businesses to identify their products and services as locally owned and produced.

These materials are available for cost price to all Nimbin Chamber members and for a modest cost to all other businesses.

Over the coming month we are doing a letter-drop to all local residents and to local businesses to get behind and support local business and locally produced products.

Local businesses also support our local not for profit organisations, schools and charitable groups with sponsorship, prizes and services.

Spending locally supports our local economy, allows local business to grow and is an investment in our local community.

Celebrate our Uniqueness! Support our Community. Love where you live.

The Chamber Executive meets on the 1st Monday of the month and welcomes any issues you would like discussed. Please contact the President on 0427-886-748 or by email: diantonio@nsw.com.au

www.nimbingoodtimes.com

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