

Tuntable Falls Community School



www.tuntablefallschool.nsw.edu.au
Barefoot education for the future

6689 1423 tuntableschool@gmail.com
Limited spaces available



The beginning of a new year brings new and existing families to our preschool community at Cawongla Playhouse, offering a special time for relationships to build and grow.

From this we are exploring relationships and connections in our program, which has extended out to our homes, place and community.

Discussions have provoked our precoolers to look at their own homes and place at Cawongla.

Some have drawn their own interpretation of place (like Byron's picture with his house and garage) whilst others have been working on using boxes to create homes and communities of their own...

We are all excited to see where this takes us, and what it is children find important as being a sense of community.

Fantastic start to the year at Coffee Camp

by Year 6 students Amber Keszler & B Zora Godden

A big thanks to Marie Conroy, our last year's P&C secretary.

Marie got us a grant to put a 5KW Solar system on our school building. We are really looking forward to producing our own power to reduce our electricity costs and cut down the use of coal fired power.

It has been an excellent start to the year for the Kindergarten and Year 1 students, they are connecting with their buddies and having fun at school. We have been doing activities together in the class room with them every Monday afternoon.

The swimming carnival was a blast, unfortunately the school did not win any trophies but we still had a lot of fun which



is the whole idea. It was a great day to be in the water, even though we did not win the pointscore, lots of people will still be going to Zone.

This term there will be a lot of fun activities such as Harmony Day and Easter activity day and we will work with our peer groups in fun

activities.

This term as a special treat Year 3-6 will be going up to the Gold Coast to watch some of the Commonwealth Games, and on the day that we are going we will be watching the athletics track and field.

The start of this year has been really good and all the

teachers are enjoying being back and doing what they love (teaching). Coming up next term is cross country where all children are allowed to participate and have a go; it will be held at Caniaba public school again this year and all the public small schools will be participating.

Near the end of term two, the whole of 5/6 will be travelling to Canberra by bus with our excellent teacher Mrs Varcoe and the other schools teachers which are coming with us. In Canberra we will be going into the Parliament House and the Mint where coins are made, we will also be going up to the snow in chair lifts.

This year is going to be an excellent year for everyone thanks to our great teachers!

Nimbin Community Preschool



Competent Collaborative Community

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Preschool: Nimbin A&I Showgrounds, Cecil St.
Phone/Fax: (02) 6689 1203
Email: nimbinpreschool@bigpond.com

Extraordinary commitment

by Nicola Apps

Tuntable Falls Community School is absolutely unique, and I feel very privileged to be holding the SEE (Sustainability and Environmental Education) teacher's position.

It makes my heart sing to see students clambering barefoot up trees, swimming in the creek (under supervision of course!), being gentle with the chickens and choosing to garden in their free time.

Running a school like this takes extraordinary commitment from parents, and we are presently blessed with a wonderful committee who are dedicated to their children's wellbeing. What other school offers



fresh vegetarian home-cooked meals to students and staff three days a week?

So far this year, in the SEE Program alone, we have: saved seeds from ten

different varieties of bean and packaged them ready for marketing; made rat deterrents from recycled materials to protect our corn crop; started making a biogas digester (again from recycled materials); and the kindies have set up a worm farm.

We have also been preparing questions for our first guest speaker for the year, Jo LowImpact, who will be telling us why she chooses to live without money.

This year we also welcome a specialist science teacher, the beautiful Emmy, who offers the students exciting experiments and a wealth of knowledge.

With music, karate, and circus lessons, excursions to Rocky Creek Dam and the Lismore Recycling and Recovery Centre, as well as a camp, it promises to be a fun and busy term at our happy little school.

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Symbols of belonging and feeling located

by Diane Wilder

It is always thought-provoking to return to a place that we have inhabited before, and to comprehend this place in a renewed light: places change somewhat because of transformations within the immediate environment, and because of the people returning to this place with different perspectives, experiences and ideas.

Returning to Nimbin Preschool, our place, has motivated different responses, thoughts and actions that have cemented our individual and collective expressions of being in this place. The visibility of these expressions are now being shared with others as messages of how we belong to the place, and importantly, how we feel 'located' within this place.

When Luna returned to preschool, one of her first thoughts and actions was to create a significant symbol embedded

within the entrance to our place: to enter you had no choice but to look down upon this symbol and to ponder its meaning and consequence.

As Luna's teachers, we agreed that this symbol rendered our immediate attention as a momentous semiotic marker of how Luna interprets her belonging in this place, how she communicates this feeling to others, and her own sense of being firmly located within this place.

The richness of her design is perhaps what we pay attention to in the first instance. However, this design is so much deeper than that. Luna's capacity to immediately affect our own sensibilities is depicted in the layers of hearts and swirls that radiate outwards to draw the observer in.

One cannot help but feel love being shared before you step inside: a response that takes your breath away and immediately enables you to step into the



place that awaits you, welcomes you and respects you.

The anonymity of this symbol at the time, enriched our sensibilities and delivered an empowered message of strength and of feeling located.



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Photo: Rita Tarraran

Tamaso's 90th

Long-time bird watcher and literary figure Tamaso Lonsdale enjoyed her birthday.

Ageism...

I read about the French President, Emmanuel Macron's wife, Brigitte and "La Brigitte Mania" surrounding her.

Macron at 40 is the youngest French president ever, and she is his 64-year old wife, former teacher (his), divorced mother of three and grandmother of seven. If the age difference was around the other way, no-one would even mention it. The world's interest in Brigitte is peaking. I wonder why?

Is she an interesting, working businesswoman like our prime minister's 60-year old wife, Lucy Turnbull, who was the first woman to hold the position of Lord Mayor of Sydney in 2003? Lucy is a philanthropist and former local government politician, but you don't see the world media gushing over her.

No, they're more interested in a woman who is "healthy, fashionable, elegant and sexy" which basically means she is skinny and dresses well. Nothing about who she is and what she has achieved, other than popping out a few kids and snagging a



The world according to Magenta Appel-Pye

young, powerful man. If she had a middle-aged spread, would they still love her? Probably not.

The world is fascinated by this relatively unremarkable woman, and it seems to be very much about looks. I was appalled by the quote from a female head of

a creative agency: "She is a woman of her time and appeals to all ages from 20 to 50."

They couldn't even include the age group of the woman they were talking about! We still have a long way to go.

It is stupid to completely ignore people over 50 as if they don't exist. These baby boomers have the numbers, and the money. As they retire they will be looking to spend, and any company smart enough to cater to this demographic will have a booming business.

And if you want to see a plethora of sexy old sheilas, you only have to visit the Rainbow Region.

For health reasons, I am no longer able to drink alcohol. I am worried how this will affect my relationship with my husband, Jack. All our leisure activities together, and with friends, revolve around drinking. Help!

– Sherry Daniels, Goonengerry, NSW

Send your relationship problems to Norm and Magenta

normanappel@westnet.com.au



She says

Dear Sherry, There are two kinds of people in the world: winners and boozers. Australia is a drinking culture. What else have we got? Marijuana, though widely used and better for you, is, unfortunately, still illegal. We use alcohol in nearly every social setting. Even at church they drink wine to represent Jesus' blood!

We all love our altered states of reality, whether from alcohol, other drugs, meditation, or extreme sports. Alcohol is legal and only takes a few minutes after imbibing to feel that sweet release from life's daily drudgery.

If you will not, or cannot drink alcohol, you can be excluded, cause offense, and just aren't on the same wavelength as everyone else.

Drinkers love company, so if your marriage is to continue happily, you will have to work out a strategy. Firstly, tell Jack the good points about you not drinking. All the money you will save. He has more for himself. You are happy to always be the designated driver. Introduce new activities into your life that are not based on drinking such as ballroom dancing, partner sports, or doing something creative together.

Tell your friends your liver is stuffed. That will stop them thinking you are evolving beyond them and judging them. We all know there is nothing worse than a reformed anything.

You could drink dry ginger ale or grapefruit juice and people won't even know. I'm sure you've been drunk often enough to be able to pick up on the group 'pissed' vibe and act accordingly. It could be liberating to feel free to act and speak with the filters down whilst actually being clear-headed. Maybe you could make some friends who don't drink.

Through this change you will discover whether Jack loves you for who you are, or if you are merely his favourite drinking buddy. Maybe you need to drink to be able to cope with each other?

A couple are sitting in their living room, sipping wine. Out of the blue, the wife says, "I love you."

"Is that you or the wine talking?" asks the husband.

"It's me," says the wife. "Talking to the wine."

He says

Sherry, my commiserations to you. It's a true injustice in life that just about everything we consume for pleasure has a downside to it. All the things we truly enjoy; alcohol, smoking, fatty, sugary food, as it turns out, are the things that will eventually kill us. Thanks a fuckin' lot.

It can be really difficult at times to say 'no' to alcohol. Some years back I had to attend an early morning Jewish ceremony in an Orthodox synagogue, no less. After the ceremony we were led around the back where a table was laid with wine and whiskey. Surrounded by all these burly bearded blokes in black, I was urged to imbibe, again and again. To refuse seemed blasphemous, even at 8.30 in the morning. I walked out of there legless.

I suggest you try other drugs*. After all there's a plethora of substances, some of them are even legal. In all cases you just have to know the right people.

The problem with alcohol is not the alcohol itself but how we ingest it. If we didn't have to drink it to get it into our systems it might not be so bad.

When I was a youngster, I had a job to help unload a shipping container of 2,000 dozen bottles of Cyprus brandy. An accident occurred resulting in hundreds of broken bottles and a river of brandy inside the container. It was my job to mop up the mess and I was so pissed from the fumes I had to be helped out of there, in spite of my protestations.

So, why not an alcohol vaporiser? After all you can vape tobacco and dope these days. You could carry different vaporisers with all your favourite commodities, and party on with impunity. Otherwise, I'm afraid you're going to have to learn to like herbal tea.

My wife always cooks with wine. Sometimes she even adds it to the food.

*DISCLAIMER: The above information is only meant as light entertainment for the bewildered. Uncle Norm is full of shit, and if you are stupid enough to take his advice, don't come to us with complaints and lawsuits if you suffer the consequences. SSSS

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 From Page 29

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The inaugural Mimi Cup, held at the Headers Club on Saturday 17th February, saw a great turnout in memory of our friend Simone Rutley, and marked the beginning of our official pre-season.

The juniors bravely turned out for a friendly kick around in the sun, before our young women's team took on the senior women's from last season.

The game was tough, played mid-afternoon on a sweltering February day, but the young women came out on top. The (hypothetical) Mimi Shield was awarded to the girls and women of the Nimbin Community and much fun was had by all.

Fierce competition for the men's friendly was enjoyed by an enthusiastic crowd and all participants enjoyed a chance to stretch their legs.

This community event also marked the beginning of our fundraising efforts towards the new Inclusion Award, which will acknowledge one senior and one junior participant who embodies the ideals of inclusion throughout the 2018 season. Many thanks to the local businesses who supported this initiative through donation of goods and services for the raffle.

We have recently appointed two new Inclusion Officers. Lucy White and Rebecca Ryall will share this role, and help steer the club's inclusion program. Contact details for these, and other Board representatives are available on our facebook page.

The philosophy of inclusion encompasses all aspects of our club – the players, coaches, committee representatives, volunteers and parents or carers. The FFA 'let them



play' catch-cry encourages clubs to ensure participation at all levels of the game is equitable, regardless of factors such as age, gender, race, sexual identity and ability.

As one of the few sporting outlets available in our little village, it is our mission to ensure that the club reflects broader community values of respect for diversity. The Headers community has always prided itself on our welcoming and inclusive attitude, and the conception of the new inclusion program is about enshrining these values, and shouting about them so that the whole community is aware of our aims.

We hope that kids and adults alike choose to play with the Headers, not just because we are the local club, but because they feel aligned with our values and feel welcomed to participate because of who they are, not in spite of their differences.

This spirit of inclusion extends to our coaches. Children who thrive often do so in part because of the adult role models who contribute to their upbringing. The Headers Club

by Rebecca Ryall

welcomes anyone with an interest in football or physical fitness, who is aligned with our values and, if not familiar with the rules and regulations, at least has a willingness to learn.

Our Coach Co-ordinators are tasked with the support and education of our coaches. They have committed to overseeing our coaching programme, offering encouragement and advice where appropriate, and acting as liaison between players, parents and the club.

Any not-for-profit organisation relies heavily on the input of volunteers, and our spirit of inclusion is reflected here, too.

The Management Committee meets once per month to oversee the day to day running of the Club, and manage larger projects such as grant applications, grounds maintenance and the care of club infrastructure.

The effectiveness of the committee's role is determined by the number and the quality of its

members, and so we encourage anyone – players, parents, supporters – to become a member and have some input. We currently enjoy representation on the board across age, race and gender lines and not all of us actually play the game.

If you are not a committee-type person, there are still many ways to be involved, and get the most out of your club membership. Regular workdays provide an opportunity to meet and work alongside others in the club performing tasks as varied as mowing and brushcutting, painting, cleaning, pumping up balls, small building projects, and organizational tasks.

On match days, our canteen is operated by volunteers and we always require helpers on these days to ensure the smooth running of schedules, and to set up and pack down the goals and field markers.

If fundraising is your thing, we always have a raffle on the go, and various other social events throughout the year, and outside input is appreciated here, too. Or

perhaps you can offer your goods or services as a prize?

Volunteers and coaches can register as such with FFA, just as players do, and this gives you insurance cover whilst you are participating. This is important to assist you in the event that you are injured whilst working with us, as insurance coverage will contribute to any ongoing medical costs or loss of income which may result.

The Nimbin Headers Sports Club has a proud history of collaboration with the Nimbin community, and we wish to see this continue well into the future. *We need you!* Don't be shy. Come on down and take a peek at what you are missing out on.

Social soccer is still happening on Mondays from 5.30pm, fitness sessions are running on Tuesday evenings, and many of the seniors are now training on Thursday afternoons. Keep an eye on local noticeboards and social media for workdays and social events throughout the year.

Registrations for the 2018 season close very soon and scheduled games begin on the first weekend in April for seniors and juniors (U12 and over) and the first weekend in May for miniroos (U11 and younger).

It is important to register early so we can determine numbers and begin putting together our teams, allocating coaches, and start the work of building strong networks of players and supporters, across the age divisions.

Interested coaches are encouraged to contact the club at: nimbinheaderssportsclub@gmail.com or via our facebook page. Register there for a free coaching clinic at the club in April.

Binna Burra bushwalk weekend

We were back to Binna Burra in the Lamington National Park at the back of the Gold Coast for the first walks of the year. Always a great spot to spend a couple of days but with the temperatures generally 6-7 degrees cooler than the coast, refreshing to get about without the heat and humidity.

After arriving midday Friday we partook in the Ranger talk on good bush tucker as well as the dangerous

ones, very informative for when we get caught out. Great companionship and getting to know some new members over dinner, with jumpers even coming out in the cool of the evening, most welcome by all.

The main walk on the Saturday took us on the Dave's Creek Circuit: a lovely five hour excursion taking us through some gorgeous rainforest before coming out onto the heath

covered escarpment with the spectacular views of the Numinbah Valley. We were accompanied by the continued bird calls particularly the catbirds and whip birds.

Sunday: a short leisurely walk to Bellbird lookout and more flora and fauna to admire and experience in this great part of our country. Sad to leave but not long before another Nimbin Bushwalkers experience.



Walks Programme

Sunday 25th March

Minyon Falls Nightcap National Park

Leader: Sue Macklin 0402-220-973

Grade: 3 mostly formed tracks but may be slippery and muddy, caution needed at drop offs and cliff faces.

Start: 9.30am at Minyon Falls main carpark/picnic area at the top of the Falls, not to be confused with the Lookout car park. The best time of year during the wet we should have beautiful waterfall views and lush rainforests. 13km, about four hours. **Bring:** water, lunch and a hat

Friday 13th to Sunday 15th April

Clarrie Hall Dam via Uki

Leader: Peter Moyle 0412-656-498 peterdmoyle@optusnet.com.au

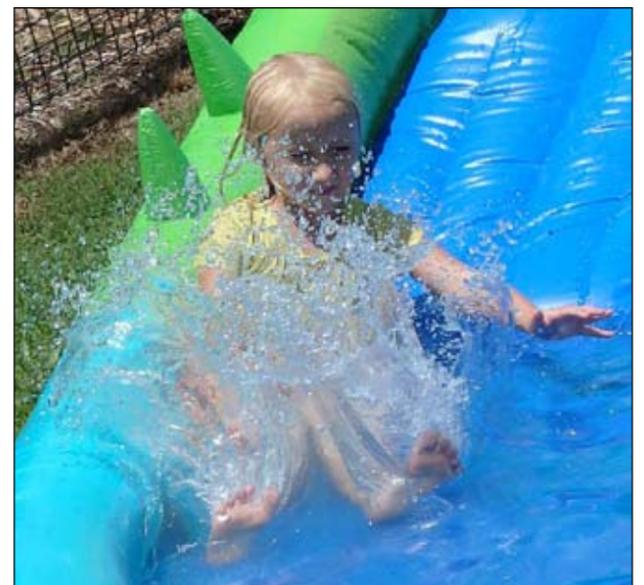
Grade: 1 A weekend private property camp, limited walking but in this pristine section of the dam great fishing and canoeing. Option to camp 1 or 2 nights in a beautiful spot.

Meet: Friday at 5pm or Saturday 9am at the locked gate at the start of McDonalds Road on the left, 1.5km south of the Byrill Creek Road turnoff on the Uki to Kyogle Road. As McDonalds Road has a locked gate, if you cannot make the meet times, ring him earlier and arrange for access.



On the slippery slope

Kids took full advantage of the water slide at at Nimbin Bowlo's Westpac rescue helicopter fundraiser on a very warm afternoon in February. Photos: PAC



Nimbin Hills REAL ESTATE

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LATEST LISTINGS

NEW
1.75 ACRES

Contact John or Grant

447 Gwynne Road, Georgica \$435,000
 • Packed with value for this price! Lovely 2 x bed dwelling + 1 x bed flat
 • Craftpersons, Tradies, Hobbyists paradise - Unbeatable workspaces
 • Private property under 'Tower Mountain'. Lovely landscaped grounds

NEW
2 ACRES

Contact Jacqui

Lot 2/265 Martin Road, Larnook \$260,000
 • Gorgeous stone and timber cottage - on one of the first Billen blocks
 • Spacious open plan living areas downstairs, 2 x bedrooms w/upper deck
 • Lovely gently undulating land to dam w/hoop pine stands & fruit trees

NEW
189 ACRES

Contact Grant or Klaus

98 Midginbil Road, Midginbil \$1,495,000
 • The stuff of dreams - Beautifully maintained picture perfect large holding
 • Breath-taking views of the Tweed caldera from tree-studded green pastures
 • 55 mins Gold Coast airport, 30 mins Nimbin. Sealed road, fenced w/ creeks

NEW
2150m2 BLOCK

Contact Yvonne

26/78 Cecil Street, Nimbin \$520,000
 • In sought-after permaculture hamlet of Jarlanbah - subtropical garden setting
 • Immaculately presented 2 x bed home + 1 x bed guest wing. Sustainable living
 • Cathedral ceilings, open plan living, hardwood floors. Massive entertaining deck

NEW
2/3 ACRE

Contact John

979 Jiggi Road, Jiggi \$355,000
 • Quaint and completely refurbished dwelling on a small country holding
 • 2 x bed home on level floodfree block. Creek pumping access. Great value
 • ALL NEW gas stove, 3 way fridge, compost toilet, basin, vanity & lots more

NEW
50 ACRES

Contact Jacqui or John

57 Mountain Top Road, Jiggi \$695,000
 • Both mud-brick & masonry - aesthetic, unique, outstanding architecture
 • Ridge views out and over the 50 acres of prime land. Salt water pool
 • 5 brm home with too many unique designer features to list. Check web

HOT OFF THE PRESS

NEW
2 HECTARES

Contact John

158 Tuntable Falls Road, Nimbin \$585,000
 • Refurbished 3 x bedroom home w/ timber floors & 2 x huge decks
 • Unbuildoutable panoramic views to Nightcap Ranges. Remote office

NEW
600m2 BLOCK

Contact Samara

Lot 25/43 Alternative Way, Nimbin \$459,000
 • Lovely large block with gentlest of slopes. Views to the ranges from street
 • Modern 3 x bedroom 2 x bath home currently being built. Be the first to enjoy!
 • You be the designer. Builder open to purchaser choosing all finishes and colours

NEW
85 ACRES

Contact John

39 Wallace Road, The Channon \$795,000
 • LOCATION LOCATION!! Just outside pretty & desirable Channon village
 • Rich-soiled acreage drops gently away to road/big creek. Subdividable
 • 4 x bed, 2 x bath spacious brick homestead. Simply beautiful farmland

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205 BOUNDARY CREEK RD,
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OR URI

71 FALLS RD, NIMBIN
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3 Bed, 2 Bath, 8.3 acres approx.



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95 SMITHS LANE, NORTH CASINO
\$765,000

2 Bed, 1 Bath, 2.1 acres approx.



UNDER OFFER

171 GUNGAS RD, NIMBIN
\$449,000

Blue Star Community



CALL URI

10/929 BLUE KNOB RD,
NIMBIN \$165,000

3 Bed, 1 Bath, 50 acres approx.



CALL PETER

74 FALLS RD, NIMBIN
\$785,000