Tuntable Falls Community School



6689 1423 tuntableschool@gmail.com Limited spaces available

very young and the very old can be painfully honest, and we forgive them their honesty, mostly. However, adults are aware they are required to lie to maintain the emotional peace of the

> Our friends lie to us the most, because they don't want to hurt our feelings and well they know that regularly pointing out our vices and foibles and stupidity is highly likely to evoke a sharpened

f your children don't lie

for early intervention.

They should lie, it's a

sign of intelligence and

differentiation of the self

from the group. We all lie

and there are times in our

lives where we lie more and times when we lie less. The

to you, it's probably time

response or worse, a depressive response full of hopelessness.

My friend Dave loses his power to deceive after about three bottles of red and becomes Evil Dave purveyor of the unfettered truth. It's heinous. He has been summoned before the friend council and been appropriately abashed; rarely does he speak truthfully now.

The irony of all this deception is that as a communal species, we need to trust the people around us, yet we know they're lying to us. Indeed, not only do we know they are, we require it of them.

In times of economic and emotional difficulty this happy delusion of honesty is replaced by a fierce distrust

Revenge of the Loon by Laurence Axtens

of everything and everyone and paranoia captures many isolated individuals. This is the very meat drink of One Nation and Trump, who feed on its fear.

A fear that there – just under the makeup, below the new shoes, hidden in the poetry of proud people -

that not only are they lying to us but they are deceiving us in order to destroy us and devour us.

On the bottom line we don't trust in people's honesty; what we trust is that they are of good will and that they will know how to selectively dole out the truth in a positive and appropriate fashion, if they absolutely have to.

Nimbin Community Preschool



Competent Collaborative Community

Enrolments available now

Preschool: Nimbin A&I Showgrounds, Cecil St.

Phone/Fax: (02) 6689 1203

Email: nimbinpreschool@biqpond.com

Cawongla Playhouse

nurturing skills for life and learning.



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child-focused arge, natural play spaces interest based fun, friendly educators

ph: 02 6633 7167 email, cawonglaplayhouse@yahoo.com

visit...www.cawonglaplayhouse.org

At Cawongla Playhouse

Preschool it is hot and humid. The cicada sounds are constantly ringing in our

The cicadas squirt liquid as we rest under shady trees - when it is simply too hot to do anything else.

However, this too shall pass and as the seasons change, soon enough we will be shivering in the mornings, layering up in order to face the frigid chills trapped in the old school buildings at Cawongla Playhouse Preschool.

Change is constant and something we have no control over. The only control we ever have is how we respond to change.

Adults must be mindful of their actions and reactions to change – especially parents and educators of young children.

We need to observe the changes and how these make us feel. Narrate this, problem solve and engage in positive, solution focussed dialogue. Ask: "Am I

resistant to this change?"

Trying to hold onto the 'way it was' can be detrimental to one's well-being and ongoing relationships.

Change can be challenging at times and putting up 'road blocks' simply increases the impact of change.

Cawongla Playhouse has undergone changes throughout 2017. Natasha has resigned as our Director, choosing to focus on nature pedagogy, writing and developing her small business endeavour, E4 Collective.

Cawongla Playhouse will trial a model of shared leadership. Kirrily is our new Service Manager and Emily is our new Education Director.

We welcome both to our preschool community and look forward to the innovative changes they will bring.

Cawongla Playhouse is a community preschool nestled in the foothills of



the Border Ranges, offering a nature-based curriculum, slow time, nurturing relationships, emotional intelligence and a whole lot

of learning through play. Enrolments are welcome for 3-5-year old children. Term 1 begins on Wednesday 31st January.

A new year for Nimbin Preschool

Nimbin Preschool will be re-opening for term one 2018 from Monday 29th January.

Our preschool is situated in the grounds of the Nimbin Showground in Cecil Street, Nimbin, and caters for children from 2-6 years of age. Currently there are limited spaces for 3-6 year old children across the week, Monday to Friday from 8.30am to 3.55pm daily.

Any family with 2-year old children will need to be placed on our waiting list due to our 2-year old spaces being currently filled.

Nimbin Preschool offers children and their families an environment full of learning possibilities. Our outdoor yard and vegetable garden spaces are accessible for all children and form an ongoing part of the daily curriculum. Our indoor space is designed as an open studio plan whereby children and their teachers can engage in a myriad



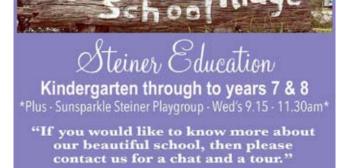
of thinking ideas.

If you are interested in preschool for your child, then come down to the showground and call in to meet us and to have a look around.

The preschool is open for five days per week and has a university trained

Early Childhood Teacher working with the children, along with two other Early Childhood Educators every day.

For more information, contact Diane or Katie on 6689-1203, or call in. We look forward to meeting you.



279 Lillian Rock Rd, Lillian Rock, NSW Ph: 02 6689 7033 or www.rainbowridgeschool.nsw.edu.au

Page 32 The Nimbin GoodTimes February 2018

Nagging

I moved in with my girlfriend six months ago and ever since she has been nagging me about one thing or another. It drives me crazy. She wasn't like this before. Why does she do this?

- Stu Pidcock, Useless Loop, WA

Send your relationship problems to Norm and Magenta

normanappel@westnet.com.au



She says

T tu, the reason women nag is because, after committing to a lifetime together, she now feels responsible for the health, safety, hygiene, cleanliness, and appearance of all occupants in the house.

Men have other responsibilities in the functioning of the family unit. He deals mainly with inanimate objects such as lawnmowers, hammers, screwdrivers, etc. but it is usually up to the woman to look after the masses. This is why marriage works - two people take different roles and hopefully everything gets done.

A man will fix the kitchen door and then rewards himself with a beer and a bit of telly. For many women, especially working mothers, there is no down-time, and no lasting show of our work. We clean, they dirty. I could go on, but I won't.

Do you think your girlfriend actually enjoys repeating herself ad nauseam? I suspect you are not pulling your weight. Would you like to have to remind a supposedly grown-up to put the milk back in the fridge, to shut the fly-screen door, or even to drink water? Without having to deal with this sort of daily bullshit, a woman's energy could be much better employed.

It's hard not to be annoyed. If he won't pick up his game or even his dirty undies - what choice do we have if we want to live in a clean, organised house but to nag, walk, or be a

You could ignore your girlfriend and turn every day into groundhog day. This is a sure way to erode the joy from your relationship and probably end in divorce which you didn't even see coming!

Or you could talk to her about what is upsetting her, and pay attention. Compromise is essential in relationships. Work out who does what and get on with it. Remember, she is not your mother.

However, if she starts nagging the moment she opens her eyes in the morning and doesn't stop, she needs either medication, meditation, or isolation. Possibly all three.

But if she never nags, it's probably because she's having an affair with your best friend. I told Uncle Norm, the day I stop nagging him is the day I stop loving him.

Of course she didn't nag before you lived together, because she didn't have to deal with you full time, and, as I always advise, don't nag 'em before you snag 'em.

He says

tu, there are two main reasons ladies nag us. Firstly every full moon the nagg-ometer goes off the scale. The other reason is you. It all comes down to what you do or don't do, and what you say or don't say.

I know, it's hard to figure out whether you're Arthur or Martha. The gist of it is this, to paraphrase a dead Kennedy, "Ask not what your girlfriend can do for you, ask what you can do for her."

I was once as befuddled as you are at this strange phenomenon. At first I thought I was just unlucky but, after successive relationships followed the same pattern, I came to realise what we're dealing with here is some sort of force of nature. It's as if a switch is suddenly tripped as soon as they've bagged you into the bosom of domestic codependency.

Why does she do this, you ask innocently? Well, let's look at it from her point of view. Then again, let's not. Quite frankly, it's impossible. I can only theorize that nagging is a form of love affirmation.

"WTF?" you may say. Think about it. She doesn't talk like that to anyone else, she saves all her vitriol for you. I guess that should make you feel kind of special. It's her way of saying she loves you.

There's a bird species known as masked plovers. They dive-bomb us while emitting a blood curdling, high pitched series of staccato screeching squawks. Whenever I hear them I can't help thinking how similar they sound to my little love-dove when she's in full flight.

Often when they start their menacing calls outside my bedroom at sunrise, I find myself muttering, "Yes dear" in my sleep.

If, after you've given it your best shot, the nagg-ometer stays in the dangerously high range, it might be time for you to move on and join the Hare Krishnas.

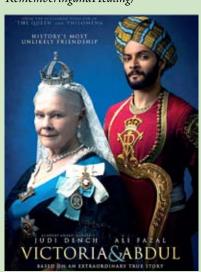
Sadly Stu, I have to tell you that you're going to have to learn words like "Sorry", and "Yes ma'am". Otherwise you'll end up as one of those bearded old fellas who sit on public benches all day thinking to themselves, "Ah, this is

"When a man says he'll do something, OK, he will. He just doesn't need to be reminded about it every six months."



'Remembering and Healing' are presenting a film screening: Victoria & Abdul with Judi Dench and Ali Fazal on Thursday 22nd February, 6.30pm at Lismore Star Court Theatre (126 Molesworth Street)

Tickets: \$15, concession \$13. Please join us! More info at: www.facebook.com/groups/ RememberingandHealing/









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A D M A Y A N
H U T U E A D A D ENEW S V N E 0 0 M S T U C G R Ε P

R

While meditating at the beach one morning recently, I had this sudden realisation that "this moment, right here, right now, is Grace."

I opened my eyes and there was a pod of dolphins surfing playfully right towards me. It certainly felt like grace.

I think this might be my quest for the year. The signs are there.

In my psychic development class last week, several of the people saw swans during their meditation.

"How interesting," I said, "because that was the card I pulled this morning. I got my Medicine Cards book and, to our amazement, it fell open at Swan.

The meaning of swan is Grace and it said that Swan ushers in a time of altered states of awareness and of development of your intuitive abilities.

Swan medicine people have the ability to see the future, to surrender to the power of Great Spirit, and to accept the healing and transformation of this lives.

If you are resisting your selftransformation, relax; it will be easier if you go with the flow.

Pay attention to your hunches and gut knowledge, and honour your female intuitive side.



The world according to Magenta Appel-Pye

What a perfect lesson for those

learning about and developing their psychic abilities. When I first moved to this region

many years ago, I changed my name (as you do) to Grace, my grandmother's name. I thought it was a beautiful name and something to aspire to.

However, I felt that I did not live up to this gracious name.

When I married Norman Appel, I decided to revert back to my birth name of Pye because the name Mrs Appel-Pye was just too good to let go, and it fits more comfortably.

I am still pursuing the unstoppable flow of empowered love, the healing streams of grace. Wish me luck.

Nimbin Headers season set to kick off

by Rebecca Ryall

The 2018 season is fast approaching, with sign-on days on Saturday 3rd February and Saturday 17th February ahead of the season commencement at the beginning of April for 12 years and up, and beginning of May for our younger players.

Both sign-on days will be held at the clubhouse on Cecil Street Nimbin, beginning at 9am. Registrations and payment of fees are required as early as possible, allowing us to allocate players to teams and recruit coaches.

We are interested to receive any and all players, both juniors and seniors, regardless of experience or ability. We particularly encourage younger kids, girls and women to consider registering to wear the green and white in 2018. Registration is quick and easy – just go to: www.myfootballclub.com.au and follow the links.

The NSW state government is coming to the party with their Active Kids voucher system, which allocates \$100 towards the cost of sporting participation for under-18 year olds. Nimbin Headers Sports Club is a registered organisation for the purposes of voucher redemption. Check out their fact sheet at: https://sport.nsw.gov.au/sectordevelopment/activekids or follow the link from our facebook page.



Saturday 3rd February is also a workday, and volunteers are needed with brushcutters, paintbrushes and boundless enthusiasm. The club will provide drinks and BBQ lunch for all volunteers, and you will also be rewarded with feelings of satisfaction and community connection.

Saturday 17th February sees the long-awaited inaugural Mimi Shield matches played as the first formal games at our grounds this season. The Mimi Shield commemorates the life and legacy of Simone Rutley, valued player and board member who passed away in November 2016.

We will see two women's teams battle it out for the honour of being the inaugural recipients of this shield, created and donated by Simone's partner, Jon Bell. The senior men will also play a friendly game later in the afternoon.

This will be a day of fun and community spirit, and also a fundraiser for the first ever 'Inclusion Award', also conceived in honour of Simone's commitment to inclusion both on and off the pitch. The award will be bestowed upon one junior and one senior participant at the conclusion of our 2018 season.

The Headers club will host a coach training session on behalf of Northern NSW Football on Thursday 12th April from 6pm – 7.30pm at the grounds. This is a free course, designed to assist those participating in the coaching of teams in the 5-9-year old age group, though this course will be useful

for anyone interested in coaching, regardless of the age group.

NNSWF have created an entire calendar of Coach Education events, held at clubs throughout the North Coast. These sessions represent a great opportunity to gain skills and meet others in the football community, committed to the development of our kids and young people. Jump onto our facebook page and follow the link to register. Places are limited, and available to the entire North coast football family, so be quick if you're interested in attending this course locally.

We are always looking for competent coaches and coaching assistants for our teams. Maybe this could be you? Junior teams usually train for a couple of hours on a Thursday afternoon and junior games are played on Saturday mornings, so time commitment is a few hours a week, and in return you gain time spent with your child and their peers, as well as a fulfilling new connection with the football family. Please contact us at: nimbinheaderssportsclub@gmail.com if you are interested in joining our coaching team this season.

The Nimbin Headers Sports Club represents the efforts of countless volunteers working over the last 32 years to maintain and develop one of the only community-owned sports fields in the state. This is a valuable community asset which brings together folks from all walks of life, for the love of football, and the love of our kids.

Why don't you join us?



Calling all tennis players

by Rebecca Ryall

Nimbin Tennis Club, at 106 Cullen Street Nimbin, is available for hire for casual games, and coaching sessions.

Membership costs \$100 per year for an individual and \$150 per year for a family, and entitles you to unrestricted access to the courts between 7am and 8pm daily, as well as insurance coverage while you are there.

Thanks to the NSW state government's Active Kids initiative, you can claim \$100 back on membership fees, for each child under 18.

Nimbin Headers Sports Club, sponsor of the Nimbin Tennis Club, is a registered organisation for the purposes of this scheme. Head over to the Headers' facebook page and follow the links to find out more about the Active Kids initiative.

The courts received a much needed cleaning recently,

thanks to the tireless efforts of volunteers. A big thankyou goes out to Andy, Andre and Tien who worked in ridiculous heat, under the direction of Fabien, to clean the surfaces of the courts and prune the vegetation around the vicinity of the playing surfaces. We are more than happy with the result.

Plans are afoot to repair a couple of cracks in the courts, and we would appreciate any assistance the community can offer – donations of time and financial contributions will be gratefully accepted.

Jump onto our Facebook page and make contact, if you think you may be able to help. Players of all ages and ability are encouraged to apply for membership, and we are always seeking quality coaches willing to offer their services to the Nimbin community.

Feel free to contact us at: nimbinheaderssportsclub@gmail. com for any enquiries, or to arrange membership or indicate your interest in becoming a coach.

Nimbin Bushwalkers Walks Programe

Sunday 25th February Goanna Headland and Dirrawong Reserve

Leader: Michele Alberth 6632-1214 Grade: 2 - 3 Meet: 10am at Chinaman's Beach car park for two beautiful coastal walks: Goanna Headland followed after lunch at the beach by a walk through Dirrawong reserve. Each walk about 1.5 hours

Bring: water, lunch and a hat

Friday 9th to Sunday 11th March Girraween National Park

Stunning landscapes with huge granite boulders, clear running streams, excellent water holes, some easy and

some more difficult walking tracks. Girraween National Park is 30km north of Tenterfield. We will be staying at Bald Rock Creek camping area. Camping fees of \$6.35 per person/ night include hot showers. Booking online at: https:// qpws.usedirect.com/qpws or by phone:13-74-68 For more info and to confirm your attendance please phone Michele on 6632-1214 or email: ontheridge@ aapt.net.au

Bring: camping and walking gear, swimmers and firewood, as nights can get quite chilly. You might like to check out: www.npsr.qld. gov.au/parks/girraween/

A taste of Bowls



by Kylie Jurd

On Friday 12th January, the Nimbin Holiday Club visited the Nimbin Bowling Club, where for free the kids played some barefoot bowls, got some training in the finer skills of the game and had a fantastic time.

We would like to thank the bowls club for their hospitality, and all the great people who helped make the day wonderful for the kids.

The school holidays activities program is funded by DEC and administered by NNIC.



The Turtle with green hair by PAC

LIS MILLER 0411 496 807



205 BOUNDARY CREEK RD, **BENTLEY \$549,000**



140 STEAD RD, JIGGI \$950,000



88 BASIL RD, NIMBIN \$430,000



83/265 MARTIN RD, LARNOOK \$285,000



486 DAVIS RD, NIMBIN \$850,000



957 CAWONGLA RD, LARNOOK \$555,000



484 GWYNNE RD, NIMBIN \$550,000



1213 HORSESHOE CREEK RD, HORSESHOE CREEK \$639,000



1533 NIMBIN RD, NIMBIN \$540,000



19 BELLERIDGE RD, NIMBIN \$160,000



1 TAREEDA WAY, NIMBIN \$175,000



25 BASIL RD, NIMBIN \$450,000



51 BOLZICCOS RD, **CAWONGLA**



6/1157 STONY CHUTE **RD, WADEVILLE**



19 BASIL ROAD, **NIMBIN**



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Contact Klaus or John

- 1511 Cawongla Road, Larnook \$595,000 Beautiful and authentic period home with contemporary 'designer' twist
- Immaculately presented. Includes many appliances & property structures Land is equally as appealing dwelling; Ultimate privacy and good access



999 Mulvena Road, Larnook

- \$590,000 Your eyes are not deceiving you. 500 lovely acres for this amazing price!!!
- Mostly forest but with adequate cleared paddocks for agricultural pursuits
- Quaint cottage, dams, streams, genuine palm rainforest & even waterfalls



12 Doohans Road, Boorabee Park

- A lovely private property with one of the very best 'Shed-homes' you'll see
- . 18 elevated, fenced and frost-free acres with panoramic breath-taking views Live large! 5 x bed,2 x bath,open plan home w/ 5 -bay shed - 15m x 7.5 metres



nbin Rocks backdrop, and dramatic panorama of the Border Ranges out from Prestigious classic colonial brick home w/ large 4 x bay garage (can be 2nd home Al the extras for a high-end home including large swimming pool & circular drive
 ALL NEW gas stove, 3 way fridge, compost toilet, basin, vanity & lots more

Contact Jacqui

- 33/265 Martin Road, Larnook
- Sustainable living on this Billen Cliffs strata titled Community property 2 x bed home on elevated and lovely open, level block. Views to Ranges



157 Whitney Road, Larnook

- High-end property only 15 Mins from Nimbin village. Potential galore Rolling hills AND an available building entitlement + multiple house sites Power to block, water via 2 dams, springs and streams. Fences & yards
- FEATURE PROPERTIES



55/265 Martin Road, Larnook

\$299,000

 Artistic 3 x bedroom unique saw-ment 2 x storev home w/ timber floors Designed with flare. 2 x sheds, self-sufficient solar, ample water storage



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197B Billen Road, Georgica

- Self-sufficiency, adequate water, comfort, privacy and easy maintenance Rich-soiled acreage drops gently away to a beautiful creek. Lovely vista
- 3 x bed, 2 x bath dwelling. Spacious open plan exposed beam construction

Meet Nathalie Dease

Our expert Property Manager

Nat has a wealth of experience in Real Estate, particularly Property Management. She genuinely loves helping new equally values her property owners seeing them as the lifeblood of our vibrant community, providing affordable shelter for valued tenants. Call in to the office anytime for A CHAT WITH NAT

"I have a nice bank of good tenants right now What a great time to rent your property"

For more information, see www.nimbinhills.com.au

"Head For The hills" or visit our friendly staff at

66 891 498

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