# You are warmly invited to the upcoming Sustainable Nimbin Community Plan WORKSHOP

~~~~~

A lot has happened in the last 4 years and it is time we all got together again to review our plans for the future of Nimbin.

There will be discussion around the 9 key focus areas and goals:

| * Energy            |
|---------------------|
| * Health & Wellbein |
| * Transport         |
| * Arts & Culture    |
|                     |

\* Environment & Biodiversity

We need all of your input and hope to see you there.

A YUMMY LUNCH WILL BE PROVIDED!

Sunday 22 November 10am to 4pm TOWN HALL





# Become an instant herbalist!



With our magical botanical extraction machines! Herbs to get you happy, healthy and horny.

Happy High Herbs 58a Cullen St, Nimbin

N I M B I N B U S H T H E A T R E \$10 ... Films screen @ 7.30pm

# Manoa: from Bentley to Nimbin

Californian born multi-instrumentalist Manoa's music sheds light on our spiritual interdependence between humanity and the rest of nature. The past few years saw Manoa's well-received EP launch and national tour taking in Woodford, Uplift, and Fairbridge Folk Festivals.

In 2014 Manoa lived at the Bentley Blockade and helped bring the album Songs of the Bentley Blockade to life. Since Bentley he has visited other protectors' camps and the Original Tent Embassy in Canberra, sharing music of empowerment.

Currently in production for his first album in Byron Bay, Manoa performs at Phoenix Rising at the Bush Theatre on 24th October with Jordan McRobbie on percussion.

# Dear Willow



Introducing Sunshine Coast artist Dear Willow, the alter-ego moniker of singer songwriter EmJ Dau, with her first radio single *Father's House*.

Embracing strong folk foundations, Dear Willow displays a fondness for all things acoustic while channelling sweet melodies and poetic lyrics with a dash of melancholy.

Writing and performing since high school, Dear Willow has been a constant presence across her community, hitting all the local bars and cafes, appearing at charitable events and scoring a slot at the 2014 Caloundra Music Festival.

Dear Willow will be performing at the Nimbin Hotel and Backpackers on Saturday 10th October from 6.30pm and Sphinx Rock Cafe on Sunday 11th October from 1pm.

*Father's House* is out now via all good digital retailers.

# **BOB MARLEY CELEBRATION - FEATURING SHEM LIVE**



Born in Fiji with reggae in his blood, Shem has been performing live to audiences internationally for 20 years. With memorizing

With mesmerizing live shows and vibrant performances Shem plays a combination of Bob Marley tracks and catchy originals. His passionate live performances combined with his stage presence and showmanship makes for a great show every time. The Wailers sound, understandably hard to replace, means that live shows these days are normally performed solo, with the inclusion of sampled drums, bass and additional instruments. The harmonies are smooth and the awesome vocals cap off a fantastic live experience not to be missed.

See Shem and his amazing show at the Nimbin Hotel & Backpackers on Saturday 17th October from 6:30pm

# Fantasies Erotique cabaret returns

Be bedazzled by pole swingers and erotic circus (from interstate and local perfomers). as well as creative visuals by Squiffy Vision and bodyart by Nimbin Tattoo Studio at Jaz and Judy Who's super-entertaining production Fantasies Erotique Cabaret 2015 will be held on Friday 6th November. This time it's at the enchanting venue of the Bush Theatre, with limited seating for a more intimate show. Dress up for prizes and fun, have a drink and share a meal at the licensed Phoenix Rising restaurant. This annual thrilling show has had a sold out show every year, so get your tickets early! Entry \$35 online now at www.rawdesigns@bigcartel.com or \$40 at door.







Page 14 The Nimbin GoodTimes October 2015

nimbin.goodtimes@gmail.com

# Parissa Bouas to entertain Cabaret and Sphinx Rock

Multi NCEIA Award-Winner, Parissa Bouas writes, records and performs in a number of line-ups including The Hottentotts with Carl Cleves; the vintage calypso ensemble, The Bella Fontes and the fun, good time uke band, Uke-A-Licious.

A local vocalist who also teaches singing and directs the Lighthouse Voices Choir, Parissa will be performing at the Blue Moon Cabaret Saturday October 17th, followed by an appearance at the Sphinx Rock Café on Sunday 18th October from 1pm.

"Parissa ... immediately engages by being blessed with a voice that has timbral overlaps with Billie Holiday's. More significantly she shines the charm of that voice on some exceptional self-penned songs" - John Shand, SMH



# Trio play The Beatles



Highly acclaimed local piano three-piece, Trio Continentale are headlining the next concert organised by the Kyogle & District Arts Council, who are really happy to be providing another afternoon showcasing local talent in the area.

The concert also features local four-piece vocal group The Odd Bodds and the DIRT kids performance group from the Village Hall Players will perform songs from Peter Pan.

The music is varied including Beatles tunes, commemorating their 50th anniversary.

The concert is on Saturday 17th October at Kyogle Memorial Institute.

Doors open at 1.20pm and the concert starts at 2pm. Admission price (includes afternoon tea): adult \$15, under-18 \$5; family of 2 adults and 2 children \$30.

Tickets available at the door on the day.

**Aquarius** 

fundraiser

Town Hall on Saturday

10th October from 6pm

Travis Granville, Evelyn

Aquarius Foundation

all your favourite hits

Moonshadow and friends.

Inc., Hooo Haaa will play

while Kaleidoscope Chris

provides a fantastic light

A fundraiser for Nimbin

Come along for a relaxing, entertaining afternoon supporting local talent and the Arts.



## YE/HE AND Ζ

With a friendship spanning 20 years, Yeshe and Kurai, have completed their debut recording, Return to Matapi Flats, which was released in February 2015.

Yeshe, an extensive world-travelling musician, plays mbira, kamele ngoni and percussion.

Kurai, from Zimbabwe, plays mbira, bass mbira, bass ukulele and shakers. Both Yeshe and Kurai sing and Kurai is also known for his captivating live dancing when the moment on stage demands it.

The duo will review their new material on a short Australian tour in November 2015, followed by a release and Canadian tour in February 2016.

You can preview their new material before they start their tour at the Sphinx Rock Café on October 25th from 1pm.

# Open mic at The Channon

Our most recent Open Mic session was Sunday 27th September at The Channon Butter Factory Tavern.

It was a relief to see the sunshine after a rather wet and dreary Saturday. Local regular Toby opened proceedings with a few upbeat numbers backed by myself on drums. Regular performer Glen gave his slide guitar an outing and Mal and Bob plucked, sang and blew their way through an entertaining set. First-timer, Neil, performed a number of original songs with ukulele accompaniment. Toby came back for a second set and later wanted to play again after we had already switched off. Not to be deterred, he borrowed an acoustic guitar and played on for his 'fans' while the packup continued. Late arrivals





| Fri                                                                                  | 9 <sup>th</sup> Oct  | Dinkum Bohos           | 5.30-7.30pm |  |  |
|--------------------------------------------------------------------------------------|----------------------|------------------------|-------------|--|--|
| Sat                                                                                  | 10 <sup>th</sup> Oct | Neil Pike              | 12.30-4pm   |  |  |
| Sun                                                                                  | 11 <sup>th</sup> Oct | Cruise Brothers (Jazz) | 12.30-4pm   |  |  |
| Sat                                                                                  | 17 <sup>th</sup> Oct | Sarah Stando           | 12.30-4pm   |  |  |
| Sun                                                                                  | 18 <sup>th</sup> Oct | Wall of Love           | 12.30-4pm   |  |  |
| Sat                                                                                  | 24 <sup>th</sup> Oct | Manoa                  | 12.30-4pm   |  |  |
| Sun                                                                                  | 25 <sup>th</sup> Oct | Elena B. Williams      | 12.30-4pm   |  |  |
| Fri                                                                                  | 30 <sup>th</sup> Oct | Jolanda Moyle          | 5.30-7.30pm |  |  |
| Sat                                                                                  | 31 <sup>st</sup> Oct | Freowin Harper         | 12.30-4pm   |  |  |
| Sun                                                                                  | 1 <sup>st</sup> Nov  | Amrita                 | 12.30-4pm   |  |  |
| EVER                                                                                 | Y Sunday             | Cosmic Bliss           | 10am-12noon |  |  |
| (see www.phoenixrisingcafe.net/events<br>for info regarding individual performances) |                      |                        |             |  |  |
| Open 7 Days 9am to 4pm - ph: (02) 6689-1111                                          |                      |                        |             |  |  |
|                                                                                      |                      |                        |             |  |  |

# sphinx mick café

3220 Kyogle Rd, Mt Burrell NSW 2484 P (02) 6679 7118 www.sr

# Sunday Gig Guide

## **October** 1pm start

#### **Dear Willow** 11th

Embracing strong folk foundations, Dear Willow displays a fondness for all things acoustic while channelling sweet melodies and poetic lyrics with a dash of melancholy

#### 18th Parissa Bouas

"A free-spirited artist who is both playful and profound, Parissa's performances are mesmerizing ... '

#### 25th Yeshe & Kurai

Longtime friends and music journeymen, Yeshe and Kurai, are set to push out the edge of contemporary Zimbabwean Mbira music.

## Nov 1st Thrillbilly Stomp

Delivering a highly infectious, fun and totally entertaining performance of hand clapping, foot stomping, thigh slapping covers and originals



by Ray Flanagan (Rayzor) Dance into spring at Nimbin with "Hooo Haaa" featuring

show and groovy beats. Only \$10 entry, and the Verandah Café will have great dinners available too. Travis is a hard-core musician and a true artist through and through who is always accompanied by accomplished musicians at a gig in his bands "Acoustic Route" and "Hooo Haaa". Blues and jazz based feels have influenced his style, however Travis enjoys most styles of music and has a broad outlook when it comes to "the arts".

### Arni – strumming and singing it up

Arni and Dianne both sang and played a few numbers. You are invited to join us for the October Open Mic on Sunday 25th at the (daylightsaving) time of 3pm. Don't forget the Tavern

restaurant is open on the Sunday for lunch from 12 to 2.30pm and for dinner from 6 to 8pm, and snacks are available in between. Keep the music alive and live.

| Thursday 22nd               | 6:30pm | Transvaal Diamond<br>Syndicate |  |  |  |
|-----------------------------|--------|--------------------------------|--|--|--|
| Friday 23rd                 | 7:30pm | Eastwood                       |  |  |  |
| Saturday 24th               | 6:30pm | Thando                         |  |  |  |
| Sunday 25th                 | 4pm    | Eli Hugh                       |  |  |  |
| Thursday 29th               | 6:30pm | Bill Jacobi                    |  |  |  |
| Friday 30th                 | 7:30pm | The Weather Men                |  |  |  |
| Saturday 31st               | 6:30pm | OKTOBERFEST                    |  |  |  |
| Sunday 1st Nov              | 4pm    | Adam Brown                     |  |  |  |
| All Gigs are Free of Charge |        |                                |  |  |  |
| JOKER POKER                 | EVERY  | THURSDAY EVENING               |  |  |  |
|                             |        |                                |  |  |  |

Kammingbird Bi Bistro Specials: Mon \$10 pasta Thurs \$10 steak 250g

October 2015 The Nimbin GoodTimes Page 15

www.nimbingoodtimes.com

# Ice war or culture war?

by Michael Balderstone

Whoever decided the main weapon in the NSW war on ice is to be a trebling of roadside saliva testing may actually be encouraging its use.

I've always been a big believer in forgiveness, as 'they know not what they do', but that's hardly good enough in these never-beenseen-before times when knowledge is at everyone's fingertips. Anyone involved in this war on (some) drugs must have heard by now that cannabis stays in your blood for weeks or even months after inhaling because it is fat soluble, unlike all other illegals.

For the police hunting scalps on the north coast, and especially the roads into Nimbin, it's like catching fish trapped in a barrel. The Monday we protested outside Lismore Court there were 53 saliva charges, which is not the highest. Mostly cannabis of course. Taking up hours of court time and stuffing people's lives up majorly. It's disproportionately punishing people by taking away their licencescs. Compared to a caution for fifteen grams, it's ridiculous.

Your saliva can light up the machine from a toke on a joint the night before, or the night before that. Or just hanging around a mate having a toke. Or eating hempseed in your muesli for brekky. The police have kept the



seed illegal because they believe it can interfere with their saliva tests. There's absolutely no evidence of this and we are the only country on Earth not allowed to eat it.

These tests are nothing to do with driving impairment. It's solely about detecting THC in your system, and that's what the court charge spells out. "In charge of a motor vehicle with THC in your system." The roadside test is for ten nano-grams of THC per ml in your saliva. Workplace drug testing



is for fifty! It's like .05 becomes .01. Why is the bar set so low? A train or crane driver could get busted driving home after work! If you test positive you are under arrest there and then, and must leave your car wherever it is at the time.

Of course there's no test for pharmaceuticals. Big Pharma with its legal opium crops in Tassie has this king of pain killing plants in their codeine and oxycontin and morphine and the list goes on and on, so no test for heroin, or methadone.

For some reason neither do police test for cocaine, although their machine can. It's just pot and amphetamine users they're after and the stoners are falling like flies under mortein.

Sniffer dogs even more than saliva testing have unquestionably encouraged many people to use any drug other than weed, which every research says is the safest. You can swallow a pill easily, but choking on pot you could be the first ever recorded death from cannabis. It's the easiest bust by a mile. Bulky and smelly to hide and when you smoke it, everyone nearby knows. Ironically cannabis is known to be good and very popular for breaking serious addictions, like ice.

Is it about jobs or keeping drugs a political football, fear-based politics, or what? If you were a cop, would you rather saliva-test hippies, 'randomly' selecting old cars, young people and longhairs for the expensive tests, or attend domestic violence households? What's random about the swab is the several stories of drivers smoking a joint just before they're pulled over and not testing positive. We are so led astray by money usually that it has to be in the play, but the police aren't paid a fortune. The inexpensive little plastic swabs that gather your saliva cost them (us) \$49 each, so someone is cleaning up. One wonders who has the supply contract.

Drug use is a health or social issue solely, and I think we all know that deep down. But for the thousands of daily cannabis users in our area, the stakes just got a whole lot higher. This is ultimately a culture war. Cannabis gets people thinking and questioning and sometimes even acting on their conclusions in alternative ways.

Like Rusty says, maybe its time to get back to the garden, and stay there.

# **Cannabis** – a personal odyssey

### by "Dave"

here was a time that I would be ashamed and hide my cannabis use. Society, coupled with prohibition, had conditioned me into the belief that my decision to use cannabis was not acceptable, not healthy, would kill my brain cells (remove intellect), would cause mental health issues and an array of other warnings.

I started smoking cannabis at the age of 15 and would class myself as a high intake, regular smoker. I am now 47 (with only a three-month break in my early 20's whilst doing the churchie "born again" thing) and I don't drink, or take drugs (unless you want to call cannabis a drug when it is actually a therapeutic herb; drugs can cause harm when abused – cannabis can't do that).

My personal use of cannabis started as recreational (so I thought), but I now understand I might have been biologically drawn to it and have a personal relationship with the plant (Google the endocannabinoid system, also symbiotic relationships between plants and humans to understand this more, or ask me. I don't mind sharing what I have learnt). I now feel that I have used cannabis medically, with a range of conditions including anxiety, depression, two (work related) back injuries, OCD, PTSD, insomnia, appetite stimulation and many other conditions that I won't bother mentioning, plus I guess some I don't even know of yet! Prohibition has placed me in many bad positions in my early life, I had to mix with drug dealers who (some) would sell a variety of drugs, so I have tried (experimented with) many illegal drugs. Amongst these I encountered meth-amphetamine in my late teens, which in my early thirties became a full blown ice addiction, with unlimited access to a consistent supply of some of the

highest quality crystals in the country.

After about seven years of smoking ice for free (it came with costs), destroying my teeth and causing massive social (mainly family) dysfunction, I moved to Nimbin in May 2006. I believe cannabis at that point actually saved my life. As "ending it all" was by then more than just a passing thought, it was at times a hobby (I know the black dog/ cloud/whatever, well) and smoking good, organic, chemical free cannabis, which I wasn't getting in Sydney where indoor hydroponic cannabis (with who knows what added to boost growth or potency) is dominant.

Nimbin, with its cannabis culture and great outdoor cannabis, has saved me and I have to mention the people are great. Guilt from my many flaws inspires me to help others and as time passes, I enjoy life more and more with each day I am given.

I now count myself as a thinking man who (in my own opinion) is an upstanding member of society. I work long days and I am at the Nimbin HEMP Embassy seven days a week dedicating the majority of my time learning and sharing knowledge (intense study), working on exposing prohibition with re-education, helping with (planning and organising) Medicinal Cannabis Hemposium meetings, procannabis protest meetings, I sit in with the MOB (MardiGrass Organising Body) meetings, also Australian HEMP Party meetings and HEMP Embassy meetings, I admin a few cannabis Faceboook groups and make posters and educational memes. I do all this as a volunteer and I don't profit (financially) from cannabis, in fact it has always cost me a fortune thanks to prohibition. At the end of the day, I feel good about what I do and it's clear others do also. I will continue to do so, until I can't.

# From the vaults Hysterical headlines from the past Mexican plants that

# bring insanity

**Northern Star, NSW** Thursday 29 May 1913

The revolution in Mexico brought about not only the ravages of war, but also the degradation of the social condition of soldiers and prisoners.

One of the latest forms of dissipation in the ranks of the Federals and Rebels alike is the habit of smoking marihuana, a deadly native plant of Mexico. According to reports, many of the intoxication is full of terrors. Troops of ferocious wild animals march before the vision of the smoker. Lions, tigers, panthers, and other wild beasts occupy his vision. These wild animals are then attacked by a host of devils and monsters of unheard of shapes.

The smoker becomes brave and possessed of superhuman strength. It is at this stage of the debauch that murders are committed by smokers of the marihuana weed. mixed marihuana with the American's tobacco. The latter became wildly insane from smoking the mixture, and made a vicious attack upon a party of miners, and was shot and killed in the affray.

Not long ago a Mexican of the lower class, living in the city of Mexico, who had smoked a marihuana cigarette, became insane, attacked and killed a policeman, and badly wounded three others. Marihuana is one of the most dangerous drugs found in Mexico. The weed grows wild in many localities in the southern part of that country. Its wonderful powers as an intoxicant have long been known to the natives, and many are the wild orgies it has produced. So dangerous is this weed that in the City of Mexico and other Mexican cities, the Government keeps special inspectors constantly employed to see that it is not sold in the markets.

Mexican prisoners in the Belem prison in the City of Mexico went off their heads as a result of smoking this weed.

The dry leaves of marihuana alone, or mixed with tobacco, make the smoker wilder than a wild beast. It is said that after the first three or four draughts of smoke the smoker feels a slight headache, then he sees everything moving, and finally loses all control of his mental faculties. The next stage of the

A few outsiders have experimented with the weed. A few years ago a well known citizen of San Antonio purchased a large coffee plantation in Southern Mexico. He was induced to try smoking marihuana; he became addicted to the habit, which rendered him insane and finally caused his death. In another instance the superintendent of a mine in Mexico, who was an American, became the object of hatred of one of the men in his employ. The Mexican

## Page 16 The Nimbin GoodTimes October 2015

nimbin.goodtimes@gmail.com

# **Hemp Headlines**

## The good politics of bad drug policy has brought about the rise of ice [The Guardian]

Drivers in the outback used to sometimes see warnings advising them to select their rut carefully as they would be in that rut for the next 50km. Australia, like most other countries, has been in the same drug policy rut for the last half century. Along with many other countries, based on three UN treaties, certain drugs have been deemed unacceptable and people who used them punished severely. Our politicians like to say that Australia has a "balanced" approach to drug policy even though our nine governments allocated 9% of the \$1.7bn spent in response to drugs in 2009/10 to prevention, 21% to drug treatment, 2% to harm reduction and a whopping 66% to law enforcement. The threshold policy step required for Australia is to redefine drugs as primarily a health and social problem. And the most important action required of government is investing in drug treatment to improve its capacity, quality, range and flexibility.

## **NSW** Police Commissioner Andrew Scipione gets a \$100k a year pay rise [SMH]

A \$100,000 pay rise for NSW Police Commissioner Andrew Scipione has been criticised by the NSW Greens, who say the state's cop has been caught out in a classic case of "doing as I say, not what I do". Mr Scipione has negotiated a 20 per cent pay increase with the state government as part of his agreement to stay on as commissioner for up to two more years. Last financial year Mr Scipione's remuneration package was \$497,000. The pay rise, which is still to go through the statutory

# Undacuva at Church

Not much to report this month except for an unusual message on the Force noticeboard which caught my eye when I was last in there.

It was advertising for 'Members of the Force interested in forming a Hillsong Branch on the North Coast', with a meeting time and place at a private house. I couldn't really go undacuva as the Boss suggested, so I went as myself, feeling very uncomfortable.

We prayed and sang and then a sermon that Tony Abbot could have written. It was like going back in time and I saw clearly how much of the Force hierarchy is stuck back in the post war era.

As a child I went to church with my mother and siblings. Dad wouldn't go, he'd been to the war. The sermon in the very clean and tidy house with pictures of Mary and the Queen staring down at me was very old school and a lot of talk about drugs, or more precisely getting rid of them. And sex before marriage, which drugs were blamed for. A drug free state was still the dream for some of these folk, I learnt, drinking their tea and instant coffee afterwards and there was no convincing them otherwise. I kept thinking about mushrooms and how they showed me so clearly what Jesus was on about, a state of mind that is so close yet so magically hidden. I felt like an alien as well as being treated like one. They didn't trust me, nor me them. Apparently the meetings

remuneration tribunal, will take his pay package to almost \$600,000 a year. Greens MP David Shoebridge said the \$100,000 a year rise was also greater than the entire salary of even the highest paid police constable, which is \$73,651. Mr Shoebridge said Mr Scipione's pay increase came after the commissioner argued at the Industrial Relations Commission against a 5 per cent increase for officers during the previous wage dispute. The Police Association of NSW achieved a 3.5 per cent increase in 2012. "While the commissioner is on the record as wanting all other uniformed police to be capped at a 2.5 per cent pay rise, he has cut a deal that sees his salary skyrocket by \$100,000."

## **Opioid prescription painkiller** misuse surges [The Age]

Misuse of powerful opioid prescription painkillers has surged in the past three years, prompting one of the country's leading medical groups to call for a reduction in the number of scripts handed out. According to the latest National Drug Strategy Household Survey report, the misuse of opioid painkillers increased from 4.8 per cent of the Australian population in 2010, to 7.7 per cent in 2013. The Royal Australasian College of Physicians wants more education for doctors about how chronic pain is treated and a reevaluation of other treatments to reduce "inappropriate" prescriptions. RACP president Nick Talley said a multidiscipline approach was often the best way to treat chronic pain, which could include physical exercise, psychological assessment, diet or rehabilitation. Opioids, which are a depressant used to reduce chronic pain, are one of the most over-prescribed pain medications in Australia, Professor Talley said, and can lead to addiction.

## National Cancer Institute – Finally admits THC causes 45% remission in bladder, breast, and liver cancer [National Marijuana News]

The National Cancer Institute recently released its report on medical marijuana. The overview of their conclusion is, THC caused a 45 percent reduction in bladder cancer, remission in breast and liver cancer and more. They have determined that there is no lethal dose of marijuana. And addictive potential is considerably lower than any other medicine available. Among their findings, they have found that cannabis is not associated with adverse pulmonary function and does not cause lung cancer or any aerodigestive tract cancers. Cannabis does not cause other types of cancer either. They found cannabis has great antitumoral activity. Through their testing they have determined that cannabis is more effective than conventional antiemetics (drugs that ease nausea). And inhaled marijuana was more effective in chemo-induced nausea than any other currently available treatment. Some of their other findings are: Cannabis appetite increase at 75 percent compared to the most effective medicine that has a 49 percent increase; weight increase at 11 percent compared to the most effective current medicine that has a 3 percent increase.

## Cannabis as Medicine – Fact or Fallacy: Dr Andrew Katelaris

- West End, Brisbane Kurilpa Hall, 174 Boundary Street, 12-2pm Saturday 17th October. • Gold Coast – Nerang Community Centre, 833 Southport-Nerang Road, 10am-2.30pm Sunday 18th October. Watch Dr Katelaris in Nimbin on the
  - youtube hemposium channel.



## Journal of the North Coast's longest serving covert

across NSW are enthusiastically supported by the Super Boss. I did mention his pay rise when we had tea afterwards, which is more than any of them earn in a year, but they said he gives it away to the church anyway, so it's all good. I left soon after.

It's very different back at HQ, where not everyone is happy with the the Super earning more than the PM. Malcolm actually got a mention in the sermon as someone to be wary of. "Our files clearly show he has already been poisoned by drugs." It seems that once you've taken 'drugs' you are never the

helpers are all refugees but from close by mostly, cut loose by Centrelink after being unable to, or refusing to, jump through their endless hoops.

The two Israelis with long expired visas are the key planters along with Crease, who lived behind Byron in the dunes for the last decade. "It's better than going through the bins at Woolies, or living off the soup kitchen," says toothless Harry, who's pushing fifty but keeping up, with nary an ounce of fat on him.

"I spent my whole cheque on weed every week when I was down the beach, but now I've got all I want for free," he says, grinning ear to ear.



Whatever your thing: Alcohol, Tobacco, Cannabis, Over- Eating etc. YOU CAN OVERCOME IT with the VITAL CHOICES PROGRAM.

If you want things in your life to change, you'll need to change some things in your life.

David Ward 0447 820 510 www.vitalchoiceslifecoaching.com



Alan Morris PROPRIETOR

Smoking Paraphernalia & Fine Used Books 21 CARRINGTON STREET LISMORE 2480 PO BOX 1184 LISMORE (02) 6622 4676

> Home grown health insurance provides peace of mind for the whole family. LANTEM

> > medican\*

NIMBIN HEMP EMBASSY 02 6689 1842

# NIMBIN LAW Solicitors, Barristers & Conveyancers



Competitive rates • Conveyancing • Corporations law • Multiple Occupancy • Leases & Property law

• Trusts, Wills & Probate



Lawyers in Nimbin ince 1973

same again. The infection is permanent and unalterable. I know what they mean.

Back up in the hills as Bethany again, and feeling much more at home, Pipe is getting ready for his annual fast. When the weather warms up a little more he'll stop eating for a week or even two and just drink water with an occasional weak lemon and honey to flush the toxins through.

Meanwhile, it's all hands on deck for planting, and he has plenty of help. Throughout the winter, he and the Israelis explored way deeper into the ranges and opened up new patches which he reckons are winners. His new

I've been hanging back at the camp with the girls dodging the hard work planting. "You have to find your own tempo," Pipe keeps telling me. "How can you be yourself unless you are travelling at your own pace?" he says.

"Tempo is major. So many people are driven. Who's driving you, Bethany?" he keeps asking.

We've been turning the winter crop into medicine and distributing it to the aged care homes who just can't get enough. "Nature's sleeping pills," say the carers, who I'm sure are using the suppositories themselves.

Litigation in all Courts



## October 2015 The Nimbin GoodTimes Page 17

www.nimbingoodtimes.com



**DISPENSARY OPEN SIX** DAYS: 9.30am – 5pm

**OTHER TIMES BY APPOINTMENT:** PHONE 0423-596-368

## www.teamedica.com.au

# **CAREFREE CEREMONIES** Unique & Personal Celebrations

by Gwen Trimble - Weddings - Commitments - Vow Renewals

0427-486-346

A/H: 6689-1490

gwentrimble@dodo.com.au

TEA MEDICA







**NextMarket** IIth October 8.30am — 4pm <u>Band of the Day:</u> Joe O'Keefe Busker Stage: Kobya

<u>Charity of the Day:</u>

Dunoon Preschool



The Opening Night for the current exhibition at Blue Knob Hall Gallery on Friday September 18th was full of fun, laughter and 'interactivity'.

Anthony Eden opened this exhibition with an inspiring talk about he and his partner Rachael Windress's creative support work with people with a disability. Anthony and Rachael are practising artists who set up their interactive piece called 'The Machine' for the Opening night only.

'The Machine' is about what is not seen, the hidden that is so often overlooked, especially for people living with a disability. It is often what is on the inside that matters and how that is expressed in the world.

Chrissy Cuneen, who lives with cerebral palsy, has a piece of her work in this exhibition and is a wonderful example of how this creative support can bring artwork into being and make us all open our eyes to the 'unseen' in another.

We reflect on many things: life and death, ideas, feelings and thoughts and often they come together in a synchronicity, where meaning is reflected back to us. The process of creating an image can stir memory, connection and all the different aspects of being human in this world.

The artists and artisans who exhibit at Blue Knob Hall Gallery have been inspired and created works that explore this theme in all its complexity.



### Artists & Friends Lunch

The next Artists & Friends lunch will be held on Thursday 29th October at 12.30pm with a main meal and dessert for \$18 (vegetarian) or \$23 (non-vegetarian meat dish).

### **Ceramic Studio update**

So much has happened all of a sudden, after waiting weeks for various tradespeople to become available to do the necessary work required. But now we are powering along. The first gas fit and plumbing lines have been completed and the villaboard and gyprocking are now done – ready to paint! A huge thank you to Rusty, Sandy, Terry, Jeff, all the Blue Knob Hall volunteers who helped – and Tuk Tuk the rooster (Site Manager). Great work guys.



# 55 portrait prize finalists on display

The 55 finalists for the Hurford Hardwood Portrait Prize 2015 have been chosen by a panel of judges from an exceptional group of 183 entries.

The breadth and quality of the finalists is exceptional, and portraits by previous Archibald finalists Claire Bridge, Anh Do, Paul S Miller, Paul Ryan, Mirra Whale and Lee Wise are



On exhibition at the Roxy Gallery, Kyogle until 31st October is a stunning new body of work by Lilyfield artist Gery Mews.

Vision Quest is the theme chosen to describe this



arolyne and

Garry

### Enquiries: 6688-6433



Shop 2, 54 Cullen Street

Page 18 The Nimbin GoodTimes October 2015

among those selected.

The exhibition of the finalists will take place 31st October 28th November at Lismore Regional Gallery. The official opening is Saturday 31st October at 3pm, when the winner will be announced. This is a public event and exhibition entry

is free.

The Hurford Hardwood Portrait Prize is a biennial prize and a continuation of the Northern Rivers Portrait Prize. From 2015 the prize has been extended from the original brief of portraits of subjects from the Northern Rivers, to include a portrait of any subject. It also changed to include all media with the exception of photography.

One of the intentions behind extending who artists could choose as a subject was to strengthen national connections with contemporary artists, which has certainly been the case, but there remains a substantial representation of artists and subjects from the Northern Rivers among the entries.

diverse body of work which has materialised during the last few years. It reveals the genuine expression of Gery's artistic impulse that combines well with his skill and vast imagination.

Drawing from archetypal imagery, esoteric studies, Gery's interest in philosophy and psychology as well as from his personal interaction with the natural environment, the works in this exhibition are theories in colour.

Through working with the water in a very particular way, the process of oxidation and sedimentation in an image might appear and, akin to an alchemical process, something of seemingly little significance emerges and then evolves as something precious.

The piece of art becomes an instrument for the embodied vision, painting a path of divination.

Vison Quest will officially open on Friday 9th October from 6 pm.

nimbin.goodtimes@gmail.com

# Nimbin's culture and agriculture on show



Janet Hassall 'Sunrise over the Ranges' acrylic on canvas

### by Pauline Ahern

It's been all culture and agriculture in Nimbin in the last few weeks, with the impressive Spring Arts Exhibition ending on a high note.

The Nimbin Agricultural Show weekend was a great success despite the challenging weather, providing something for everyone. I personally love 'The Pavilion' with its staggering range of home grown/home made goodies, crafts and arts. The friendly competitive interest in taking out a prize certificate spurs us on to bigger and better next year.

At Nimbin Artists Gallery the number of local artists we represent continues to increase, surprising and delighting visitors with the variety and quality of art available. The gallery appreciates the generous support

given by locals and visitors to all of our artists. The next hanging of new work will be on Monday 26th October. The gallery is staffed by a dedicated group of volunteers and is open every day, 10am until 5pm. Feel free to pop in for a chat and a browse.



A selection of felt articles by Robin Moore and Susanne Walden

'RING AR

# serpentine gallery

Until 13th October, the Serpentine Community Gallery is showcasing the work of two innovative and inspiring female artists.

Anna Dorrington's exhibition Under Pressure looks at the somewhat antiquated and disempowering ritual of the extravagant wedding and what it implies for the modern woman. Anna is a multimedia artist who reinvents found materials and retro images in her work.

Also exhibiting at the same time is Paulette Hayes, who is this year's winner of the Serpentine Community Gallery Art prize. Her extraordinary work is highly textured, colourful and unique and creates a tapestry-like effect with the use of fabric and photographic imagery.

As a contemporary female artist, Paulette's work also explores the female image in art and her deep concern with social issues that evoke a sense of injustice.

From 14th to 27th October, Sandra Rubbo's current work will be on show in an exhibition entitled *Smoke Signals*, a



'Dear (former) Minister for Women's Affairs (off with his head)' by Sandra Rubbo, detail

commentary of contemporary issues that she feels strongly about.

Sandra is a recent SCU Visual Arts graduate, and is mostly concerned about environmental degradation. "However," Sandra says, "everything environmental is now also a political, social and economical issue that needs to be communicated and kept in the forefront of public consciousness."

For most of these works, Sandra captures smoke residue on to paper, a method she is continuing to experiment with.

The Multitask Art Group is also showing their collection of works at the Gallery from 14th to 27th October, opening night Thursday, 15th October, 6pm.

Trisha Dalmas is facilitator for the group and with a dedicated team of support workers they enjoyed a successful and wellreceived exhibition at the gallery last year. This year's show demonstrates the diverse styles and talents from an equally

diverse group of artists. The abstract, impressionistic and expressive works are a colourful and unique collection of prints, paintings and mixed media that will make great gifts or be sure to brighten up your office or lounge room.





Paintings by Janet Hassell



Wildlife artist Rikki Fisher is driven by her passion for nature, and her up-coming exhibition, *Wild Moments*, depicts animals in a variety of moods, frozen in moments of time.

"The complexity of moods varies from the terrifying glare of a tiger before making his kill, to the spontaneity of a young zebra leaping in the air, to the tenderness of a Bonobo chimp's warm embrace



Best in Show. In 2014 Rikki was declared a "Master Scratchboard Artist" by the International Society of Scratchboard Artists (ISSA); she is one of only four "Masters" in Australia and 17 world-wide.

To learn more about the artist and her work, go to the website: www.rikkifisher.com

Rikki will be exhibing *Wild Moments* at The Channon Gallery,



of love and protection," said Rikki Fisher .

By showing the diverse moods of animals in their natural world, Rikki's images help viewers connect with nature in a very personal way. Her use of the medium of scratchboard lends itself to intricate detail and dramatic contrasts, the perfect combination for a meticulous wildlife artist. To achieve her goal for the

Wild Moments exhibition some of Rikki's reference material was sourced from Joke Kok, a photographer who lives in the Netherlands. Both artists share

www.nimbingoodtimes.com

similar motivations.

"Since I can remember, I love animals. The challenge for me is first to show people how beautiful animals are. The second challenge is to show the character or mood of the animal. Is it sad, happy, curious, or just looking at you like you are looking to it?" said Jo Kok. Rikki has exhibited widely in the eastern states of Australia and has received a number of awards for her work, most recently winning first prize in the scratchboard category at the Cardinia Grand Art Exhibition in Victoria. In 2013, Rikki won an International Scratchboard award in the Open category in Vancouver, Canada, taking home the Gold Award – from 11th October to 8th November. At the same time, the gallery will have on view *Travel Boards*, an exhibition of current work by Heather Matthew.

Heather is a well-known North Coast print, paper and book artist whose recent body of work has been influenced by the iconography of symbols and figures in art, the artist's travels abroad and the archeological, religious and cultural icons of various countries. Her mixed media boards incorporate print, paint and collage – using handmade papers, tapa-cloth and transparencies. The combinations

### All and a second second

Travel Board 1

of street graffiti, text and cultural icons are a portal into "travel memory"; *Travel Boards* are a "snapshot" of time and place and create a new language and iconography to describe and evoke the experience of time and place. Also on exhibit will be Heather's series of "critters", quirky fantastical animals that are a direct reference to paper-maché folk art (alebrijes) encountered in Oaxaca, Mexico with inspiration drawn from pre-Hispanic archaeology.

## October 2015 The Nimbin GoodTimes Page 19