

Beautiful natural setting next to Mulgum Creek

PHOENIX RISING CAFE

UPCOMING GIGS

SAT 5 th DEC	Dinkum Bohos	1-4pm
SUN 6 th DEC	Matt Stillert	1-4pm
FRI 11 th DEC	Freowin Harper	5.30-7.30pm
SAT 12 th DEC	Andy Holm	1-4pm
SUN 13 th DEC	The Cruise Brothers (Jazz)	1-4pm
SAT 19 th DEC	Mish Songsmith	1-4pm
SUN 20 th DEC	Monkey & the Fish	1-4pm
SAT 26 th DEC	Neil Pike	1-4pm
SUN 27 th DEC	Freowin Harper	1-4pm
WED 30 th DEC	Smiles & Ink	1-4pm
SAT 2 nd JAN	Manoa	1-4pm
SUN 3 rd JAN	Mapstone	1-4pm
FRI 8 th JAN	Sonic Bliss	5.30-7.30pm
SAT 9 th JAN	Smiles & Ink	1-4pm
SUN 10 th JAN	Carlie Fairburn	1-4pm
TUES 12 th JAN	The Cruise Brothers (Jazz)	1-4pm
EVERY Sunday	Sonic Bliss (KIRTAN)	10am-12noon

www.phoenixrisingcafe.net/events
 Closed Xmas Day / Open New Year's Day
 OPEN 7 DAYS 9am-4pm - ph: (02) 6689-1111



Mish is back with a keen desire to share her soul-soothing songs with the world. She'll be caressing piano keys and singing

her originals and favourite cover songs this month in Nimbin.

Soak up the relaxed atmosphere, delicious local food and dancing ivories with Mish on Friday 11th December, 6-9pm at the terra.

It will be a great night out. Check out Mish's new website: www.mishsongsmith.com or like Mish Songsmith on her Facebook music page.

Well travelled songman

Stu Harcourt has been touring Australia for the last eight months, including North Queensland, the Kimberley WA, Arnhemland NT, Uluru NT, and Melbourne.

He is currently playing shows around the Northern Rivers until Christmas, with local didge master Focus Yidaki.

Catch them at the Sphinx Rock Cafe on Sunday 6th December, Nimbin Hotel on 12th December, The Channon Market on the 13th and the Byron Markets on 19th and 20th.

Hear Stu's tunes at: www.triplejuneartbed.com/artist/stu-harcourt



terra. Restaurant and Lounge – the first six months

Molly's Musings from Front of House
 My team and I at terra. are seeing a routine from our regulars, now we've made our six-month anniversary. I look forward to social bowlers for lunch on set days before a pleasant afternoon on the green, and family takeaways for an afternoon at the playground and pool.

We have regular customers from Kyogle who love a good steak, and busloads of bowlers from all over who appreciate the air conditioning and plentiful plates.

A regular week involves a gentle ease into the week for the locals on Tuesday with dinner, candlelight and background music.

Open Mic nights, fortnightly on Wednesday, showcases the diversity of local talent in the area to an appreciative audience who respond with applause and dancing.

terra. house band Joey and Friends provide the perfect ambience with



dinner music each Thursday, as international guitarist Joey invites different friends to the stage with him.

On Fridays a fabulous line-up of local music always takes a break for the Bowlo raffle, which displays an amazing array of meat tray and veggie boxes as well as a meal voucher for terra. and frozen chickens. Always an exciting night.

Saturday finds lots of families for fun

with more live music, children's corner, colouring, games and amusements – even the adults get involved. The parents are relaxed and linger over their meals as the children play happily. Delicious sweet selections and coffee completes the experience.

Of course the Sunday roast is just as much a winner with bowlers from afar as with locals popping in for some comfort food.

I love the ladies sitting on the lounges enjoying the cake and coffee and friendly vibe, but my favourite thing is the children sitting on the bar stools at the cake counter chatting to me as I make their milkshakes and ice cream with topping.

With herbal teas, coffee and amazing desserts, wow food and a beautiful décor, come down to see the team at terra. where you will get a friendly smile and great service.

– Molly

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BLISS
 Friday 11th December

Australian Classic
 + Freowin Harper

Reveal Yourself
 Friday 8th January

AWAKE
 The Life of Yogananda
 + Sonic Bliss

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Pre-Christmas Bliss at the Bush Theatre

by Toni B

As the world goes crazy in the lead-up to the silly season this summer, there's a chance to take some 'time out' and go down memory lane at the Nimbin Bush Theatre this month with a screening of the 1987 ground-breaking wacky Australian comedy, *Bliss* [rated 'MA+' and directed by Ray Lawrence, who also directed *Lantana*].

Bliss is based on the 1981 Peter Carey novel of the same name: An advertising executive (Harry Joy, played by Barry Otto) dies and goes to hell... except nothing changes. Well, his daughter is buying drugs with sexual favours from her brother,



and the number of cancer-causing products is on the increase. But the notes he writes to himself to prove he hasn't gone insane are getting more disjointed, and he runs off with an ex-prostitute called Honey Barbara (Helen Jones).

Veteran actor of Australian stage and screen, Lynette Curran, plays Harry's wife, Bettina Joy, and Tim Robertson plays the role of his advertising colleague, Alex Duval.

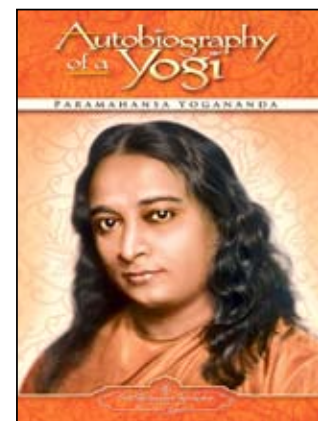
Then, once the fanfare of the New Year is over it's time to make a fresh start with *Awake*, a film about the legendary East Indian Swami, Yogananda, who is touted as bringing Hindu spirituality to the West.

With a family-friendly rating of 'PG', this unconventional biopic

explores the life story of Paramahansa Yogananda, who wrote the spiritual classic *Autobiography of a Yogi* – the book sold millions of copies worldwide and is a go-to book for seekers, philosophers, and yoga enthusiasts today.

By personalising his own quest for enlightenment and sharing his struggles along the path, Yogananda made ancient Vedic teachings accessible to a modern audience. Known as the "Father of Yoga in the West," he attracted countless followers in his day.

Filed over three years with the participation of 30 countries around the world, this documentary examines the world of yoga, modern and ancient, East and West, and explores why millions today have turned their



attention inward, bucking the temptations of the material world in pursuit of self-realisation.

Tickets to these movies are only \$10 and are available online at: www.nimbinbushtheatre.com/events or at the door.

The Theatre's sister venue, the Phoenix Rising Café, will be open for dinner, drinks and desserts prior to both films (with a special menu for the evening), replete with two hours of free local musical fare from 5.30pm – Freowin Harper will tinkle the ivories before *Bliss* on Friday 11th December, and Sonic Bliss (i.e. Gerard Lynam, Ren Waterfall, and friends) will present a palette of devotional music before *Awake* on Friday 8th January.

Nimbin goes queer...



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Sunday Gig Guide

December 1pm start

6th Stu Harcourt
 Stu's compelling lyrics and acoustic grooves continue to delight audiences everywhere.

13th Purling Brook
 An alternative Folk Country duo, based on the top of a mountain in the Australian Rainforest.

20th Luke Vassella
 Local Musician Luke is an authored performer, the authentic voice of the new country.

27th Katia Demeester
 Swampy, Soulful Earth Mama vocals melting into a unique flavour of Soul Funk Reggae Roots Jazz Hip Hop RnB World fusion.

January 3rd Jesse Morris Band
 Conscious acoustic blues roots and reggae music. Songs about the earth, change, growth & the ocean

Mullum Music Festival

by Melissa Williamson

The 8th Mullum Music Festival (held Nov 19th – 22nd) was the usual eclectic and fantastic melting-pot of multi-genre sounds. Thanks to the extreme heat, Saturday was also literally melting for punters and muso's alike – not that it stopped the vibe, or the hot and sweaty dancing.

Overseas and Aus acts covered the widest range of musical styles you could find in the biggest little festival around. From folk, pop, blues, alt country, to funk, soul, reggae, hip hop, world, flamenco, electro – and a bit of everything in between (including a Russian choir!).

Highlights this year were numerous, including (but not limited to!): US high energy, genre-mix band The California Honey Drops; hypnotic German pianist Hauschka; always wryly amusing and sublime Robert Forster; the outstanding vocals and musicianship of Emma Donovan & The Putbacks; the intriguing electro/hop/soul of Jones Jnr; the old school soul/rock/funk of US outfit Allensworth; Madre Monte's Colombian rhythms; the infectious dance grooves of Brisbane's Cheap Fakes; and the very crowd-pleasing brass/hip hop funksters Bullhorn.

Not forgetting the wonderful Jazz Party – helmed by festival patron Harry James Angus (Cat Empire) – which winds up each night's entertainment with a late night boogie-fest.

The crowd-inclusive, New Orleans style Sunday street parade is a perfect summation of Mullum Fest – community, friendly, easy-going, great music, and a fantastic vibe. The most frequent comment all weekend, especially from festival newbies and musicians (new or returning), was about the amazing and very special vibe.

If you still haven't caught that vibe, do yourself a favour and mark late Nov 2016 in your calendar – and get yourself to Mullum to experience one of the best music festivals on offer in Australia; and it's in your backyard.



Photos: Ruth Powley

Nimbin Hotel & Backpackers

53 Cullen Street, Nimbin. Ph: 6689-1246

December Gigs

Friday 4th	8pm	Stormcellar
Saturday 5th	6.30pm	Slim Pickens
Sunday 6th	5pm	Jesse Morris
Thursday 10th	6:30pm	Sarah Grant
Friday 11th	8pm	The Hoochers
Saturday 12th	6:30pm	Stu Harcourt
Sunday 13th	5pm	The Bombed Alaskans
Thursday 17th	6:30pm	Mr Troy
Friday 18th	8pm	Bluesville Station
Saturday 19th	6:30pm	Ben Purnell
Sunday 20th	5pm	Q
Thursday 24th	6:30pm	Bill Jacobi
Friday 25th		Christmas Day – Closed
Saturday 26th	6:30pm	Brommers
Sunday 27th	5pm	Travis

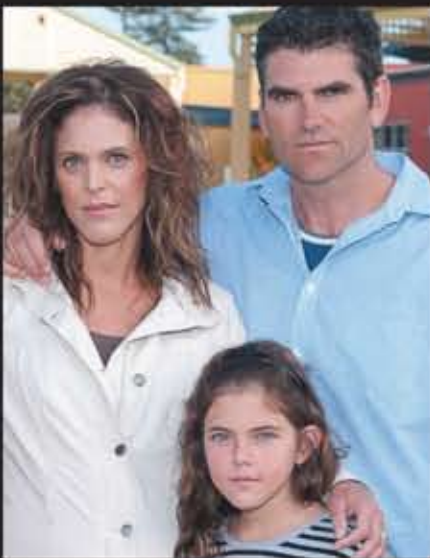
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Cannabis farming

by Wayne Wadsworth

I recently attended the Sustainability Nimbin gig at the town hall with lots of very creative and dedicated people, doing great work for humanity and Mother Earth.

Strangely enough hemp, cannabis, marijuana etc barely got a mention. This seems rather strange, as the wonder plant is a very big player in the economy of Nimbin, directly and indirectly.

Carbon farming and reversing Greenhouse

Water, carbon and oxygen + photosynthesis is the basis for all life on earth. No carbon no life! Mother Earth stored zillions of tons of carbon in the earth to give us a stable climate at around 300ppm of carbon in the atmosphere. When we dig it up and burn it, we put it back up there.

Most of our products we consume from fossil fuels can be grown from carbon based hemp and bamboo, on a farm, by farmers, making them the most important folk on the planet for reversing greenhouse.

The beauty of hemp and bamboo is that they grow very fast, take up large volumes of carbon from the atmosphere, can make most of our consumer goods and food and can be returned to the soil via Biochar which sequesters carbon in the soil for thousands of years, making these two plants carbon negative!

Can we grow hemp in Nimbin?

There is a sort of an unwritten law not to grow industrial hemp for about a 50km radius from Nimbin. Our good and very experienced growers fear cross-contamination of industrial hemp with medicinal and recreational cannabis, a legitimate fear.

I believe this area should grow medical and recreational cannabis and industrial hemp should be grown in cotton and sugarcane country.

Having said that, industrial hemp also has many medical benefits in its leaf, flower, seed and roots. Not only that, it is legal to grow! All you need is a licence, some seed and a good open paddock to grow it in. A licence costs about \$600 from the Department of Primary Industries, and lasts five years.

If you grow industrial hemp, you can take out the males and juice them for medical benefits, leaving just the females. As you all know, the females need a male to fertilise them: no males, no seedy flowers.

Start with 100 hemp plants at 2M centres. Juice the males. Sell the flowers. Grow a couple of males sealed in small greenhouse. Fertilise a few good females and keep seed for new crop; sell seedless flower.

So the good stuff growing in the bush and under the lantana can happily grow pretty close to the industrial stuff, the only danger being that the hemp can get

fertilised by a rogue cannabis male that the bush grower forgot where s/he planted it.

Making money from hemp

There are many good oils that have medical benefits in hemp, such as CBD and turpenes.

However unlike cannabis, it has very low THC, the nice bit that makes you feel good.

Growing hemp for fibre and cellulose has no economic value for farmers in the 50 kilometre zone. However growing it for oil, juice and charcoal has income benefits. The extracted oil can retail for up to \$90 a gram. Wholesale prices range from \$20 to \$50 gram, depending on oil content of CBD Turpines etc.

The leaf can be juiced and frozen for medical uses, and the rest of the plant can be turned into charcoal, which has a very high value in Japan!

Unlike its cannabis cousin, hemp has a lot less flower value. Cannabis flower can fetch up to \$3000 a pound while hemp flower languishes around \$50 a pound.

However if we look at the figures, a good hemp plant can grow at least 4lb of flower at \$50 a pound, meaning \$200 per plant return. If you grow 200 plants per acre, your gross return would be \$40,000 per acre – cost of growing let's overestimate and say \$15,000.

Leaves net income per acre at \$25,000, which is way more than you get for an acre of corn! You will be a legal grower with your side crop

somewhere else and when the whole hemp cannabis / gunja / grass / call it what you like nonsense goes out the window of history, you can switch to medical / recreational hemp using the seed you have cherished for many years.

The transition from industrial hemp to medical/recreational cannabis

Growers can live in fear while making a good income, or join the transition. It is inevitable that medical and recreational cannabis will be grown in this area, legally or illegally. People power defeated CSG, and cannabis will be no different!

What is not inevitable is who will benefit, and who will own the rights to growing medical / recreational cannabis.

We will need some sort of Cannabis Growers Co-op so that this amazing plant can be grown for the benefit of farmers, retailers and recyclers, all of whom will play a part in reversing greenhouse and global restructuring.

Start a Cannabis Co-op with \$500 shares so you get serious people willing to put their money where their mouth is. There are plenty of gunna gunja folk in Nimbin!

We're all learning, share the knowledge and (KISS) keep it simple and sustainable.

For more information, contact Wadzy, phone 0407-895-569, email: wadzywell@gmail.com

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PM calls for Undacuva

The PM keeps messaging for me to return but we both know he just wants a secret toking mate. One of his drivers is cool but the conversation is limited. Bruno keeps a minibong unda the passenger seat but who's ever going to search the number one plates in the land? Anyway, he'd protect Malcolm's fingerprints on that bong with his life.

After smoking cones with Mal the conversation often turns to the war. It stresses him to the max and you can almost see the cannabinoids knocking the fight out of him as a frown gathers on his brow.

"Weed is so unwarlike," he groans. "You could always try ice," chipped in Bruno one evening.

Mal looked up sharply. "I never liked speed," he replied. "Not my drug at all. I need my bit of sleep and I already know I'm a god."

"God-king do you mean or just god?" I chipped in.

He laughed good and loud from the belly on that one. "Beth you crack me up at these briefing session. I just wish you'd take off the hair and relax."

No chance of me doing that and he knows it but can't help himself. He brings it up all the time, control freak.

"We're in deep here Boss and who knows who to trust. I'll just stay as Bethany for now, but thanks?"

"Fair enough," he replies, teasing. "But at some point you got to take the risk and just dive in, eh? Be yourself."

We get on well and after a cone or two

STREET SHUFFLE

Journal of the North Coast's longest serving covert

we chatter away before he pulls himself together and gets back on the job. He'd be lucky to sleep two hours, its a hell of a work load and he's ever vigilant, just like an Unda.

He often talks about his mum who it seems couldn't handle him. She sent him to boarding school when he was eight and then dumped him altogether and went to America when he was 12. She hurt him deeply by telling everyone he was 'a bundle of demonic energy'. She blamed him for never having any more kids as she found him so exhausting.

He admits loving weed but was evasive when I asked him about acid though I'm sure he took a trip. He and Lucy loved eccies but again he just laughed it off like he did with Tony Jones on the ABC talking about getting stoned. He's a careful and clever operator though he wasn't shy saying Lucy is his rock. "I may go swimming and diving around the rock a lot but I always comes back to her." I wasn't exactly sure what he meant.

When he went overseas I bolted back up to Pipes tribe in the hills who had just heard no immunize no pay and a couple of the youngest mothers were a bit miffed but on the whole it was, 'who cares life provides', true hippie faith. Pipe says if there's something you want on the

outside, then you're not happy inside. In order to be free from needing money, people work furiously to get more money so they are no longer slaves to it. Hence the trap as there's never enough. It's a circle of suffering and desire he mutters, stirring the huge pot of roadkill stew, a big roo from a truck last night apparently.

One of his drivers got busted doing the monthly delivery to the aged care homes around Ballina. His saliva could well have broken all records if any were ever recorded but as you know the test is just whether THC is present or not. "The good thing is it will push people back into their gardens," Pipe insists. "Live simply and want for nothing." He keeps saying it so often I know he's talking to himself.

HipiLeaks: NSW Force Union HQ to all AC's. Oct 2015. Congratulations to all Force members. Last month, September 2015, was the highest ever recorded number of arrests made by the Force in a single month. Also the highest single day ever recorded, September 19. These figures prove two things; how much we are needed and what a good job we are doing. Special thanks to the Road Patrol Command whose tremendous work getting drugged drivers off the road has significantly contributed to these record breaking figures.

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