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THE HEART OF NIMBIN

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gluten-free, vegan and carnivores.

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to make chips, blend real local organic fruit to make
smoothies and create our own sauces.

We have great local coffee with great baristas.



High tea with the Cookie Queen

Naughty Nimbin shines... and it wasn't just the glow off the golden board displaying fifteen of Nimbin's finest cookies and chocolates that made the shine.

Ah, Nimbin at its best... a-glow with community love, three hundred of this year's enthusiastic MardiGrass Protestival-goers found themselves delightedly caught up as judges in the deliciously naughty 2nd Cannabis Cookie Cup, and boy did it make people shine!

With the sun shining as brightly as their amazed and beaming smiles, 'judges' quickly lined up to peruse



the selection of 'authentic' Nimbin cookies (all the bakers must be local and the product must be exactly what they sell on the streets of our gloriously infamous town) and then choose one to sit down and enjoy.

Palpable in the air was the sense of freedom to enjoy this wonderful cannabis product so openly, and at the same time provide some invaluable feedback about our cookies.

The winner of this year's Cannabis Cookie Cup was a

vegan delight baked by a 'long timer' called 'Vegan Coconut Rough.' Second place by only 0.3 points was 'Shanti' followed in third place by 'Gungalung', a dark chocolate and fingerlime treat made with cannabis oil. Most Popular went to last / first winner of the CCC, 'Choc Chunk'.

The Cookie Queen's two faithful helpers saved the day, and the competition, with their skilful diversion tactics when undercover police officers paid a visit, not noticing the glowing golden display board or five litres of green oil on display, nor the green menu.

Wildflower Cafe

1/80 Cullen Street, Nimbin
Open Tues - Wed 10am-4pm; Thurs
- Sat 10am- 10pm; Sun 11am-4pm.
Phone 0447-887-015



Reviewed by Paul Andrew

Wildflower Cafe opened just before Mardi Grass this year and in a short span of time has become a popular new eatery on Cullen Street in Nimbin.

Inspired by Sally Fallon's book *Nourishing Traditions*, the Wildflower crew are dedicated to a menu that blends the best of fine tempura style Japanese cuisine and the fatty goodness of old fashioned "animal fats and cholesterol" accompanied with hearty organic produce, home ferments (like the divine homemade tempeh), whole grains and home-baked soul foods.

Their hearty organic gypsy stew is a guaranteed winter pleaser: slow cooked with lamb, pearl barley, pear and root veges. The kale, silver beet and ricotta tart with spelt and coconut base is light and nourishing, as is the not too rich and infinitely tasty organic vegan moussaka spiked with fresh roasted

fennel.

Vegetarians will be in raptures with the tempura vegetables with a tangy hummus dip laced with tamari, vegetable pakoras with rich homemade spicy sauces and desserts like the gluten free orange cake with maple syrup ice cream or the tempura apple with fruit compote for dessert.

Our group, meat eaters with adventurous vegetarian leanings from Nimbin and deep in The Channon, found it so hard to choose from the menu that we decided to take the mystery Wildflower route, and hosts David, Chris and Kohei produced a come-what-may series of servings, so we managed to sample the wide range of dishes on the menu that night, sharing yum cha size serves with friends that made our experience of Wildflower memorable and epicurean in the true sense of the word.

Highly recommended.



Guardian Angel arrives

by Marilyn Scott

I'm happy to report that the Guardian Angel arrived. Thank you so much! It's not often, well at least for me, to have a melt-down so publicly. In fact I don't remember a time ever before. That in itself indicates growth. After letting out that cry for help... they arrived. Can't tell you how grateful I was.

Over the last few years I've grown accustomed to the solitary life. I've always been a bit that way, I love to bathe myself in Mother Nature's magick. But also being unwell, it was a time for the deepest healing. I believe in healing; I do. Not just because I'm trained as a natural therapist. It's something deeper than that. Healing energy is in the air we breathe, in everything that grows. It's palpable, it's real. The energy of Life continues to give. Our dear Mother Nature continually provides. That's why I often call it 'magick'... feels like that to me.

Having a pioneer spirit, a love of humanity, a reverence and love for our precious Earth... I care. I care deeply at times. I feel the pain, I hear the cries.

Such sensitivity is a two-edged sword. But we also carry wounding from our past... we all do, the path of life brings many experiences, some challenging. But in this time of great healing, not only are our social systems being over-hauled... so are we. What's been hidden, deep down in the corner crevices of our unconscious... is seeking the light of day. It's transformation time. Nothing remains untouched by this insistent and potent energy.

I've learnt that I cannot do this alone. Really, I cannot do anything alone. We are all interdependent, we are all connected... we need each other. Community will be a central force in this coming time. With heart at the centre, radiating out; love and sharing, nurturing and caring for each other. Certain steps seem scary to us... we all have our strengths and our challenges. I'm not one for pushing past my comfort zone... doesn't work so well for Taurus North Node. But recently I did. I knew that this step was important and was part of my new beginning. The option was there to back out... I almost took it. My old mantra: 'I can't do this'. At special moments we see... just how long this old

tape has been droning on. Time for its release.

The initial plan for Mahalia, the place where I live, was to open a Sacred Healing Retreat. I've created a Healing Centre before. I was drawn here by the powerful spirits that reside here. The sacredness in this area is powerfully present. I asked the Land Spirits if I could be the next caretaker. I had visions of this place... I'd seen ancient ceremonies happen here. I was accepted, I felt honoured. My time here has been sacred indeed. The kindness, the caring, the deep and ancient sacred presence has changed my life.

So after a full-on few months - for all of us I'm sure - there's been a welcome shift in energy. Boy, did we need it. We're now in a new cycle, the energy of the mother. A Cancer new moon begins a cycle of loving and caring, nurturing and sharing. Bathing ourselves in the energy of loving kindness is such a powerful transformational process. We need to love ourselves. A time to find ourselves, the parts that were lost and hidden along the way.

It's such an incredible time to be alive. We get to witness the birthing of a new age. We get to take part in its creation... brick by brick of love and caring. It's only us humans that have strayed... the rest of life is still on track. If we listen carefully we can hear them, encouraging us, cheering us on... showing us how to really be... a part of this massive, great, holy, divine, creative, knowing, loving Life Force. Yes, we are very fortunate to be here now.

I'd like to give a big warm welcome to the Protectors ... so happy to see you here. A beautiful group of people have opened the Woodenbong Environment Centre. It really is great to have you here. Thank you for coming, thank you for your care... thank you for your loving hearts.



by Catherine Baker

No fewer than 19 people gathered at Goonengerry Primary School at 11am on 15th June, some club members, some not. I immediately felt this burden of responsibility towards such a large group. It took a while doing all the paperwork first (thanks, Michele, for your help). That done, we set off, with me thinking, 'I'm not sure I want to do this again.'

Sharing about half-a-dozen vehicles, we drove part way down Mill Road, parking at the obvious spot, before it gets really muddy – there had been a lot of rain and there was still plenty of mud. But that morning the sun was out and about. We set off on foot down the rest of Mill Road towards the boundary of the tiny Goonengerry National Park.

While it was good to welcome some new faces, including two children (pictured), I did feel a bit daunted, being 'the leader' of such a large and enthusiastic crowd. I'd volunteered to lead this walk, which I know and love and have 'led' before, but – you know – I'm no hardened bush-woman. I lived many years in the bush and lost count of the number of rainforest trees I and my family planted, but I'm not 'bushwalk-leader' material. I'm an English teacher. Plus my knees are letting me down these days. Hey ho. So it goes.

Regardless of all that vulnerability stuff, what eventually happened on that walk was what always happens. After all my grumpy 'I'm not doing this again', about 90

minutes into the walk through fairly dense forest, we reached the highlight - the top of the waterfall, where you see out over the Wanganui Gorge, gouged out over the millennia by the now-relatively-tiny Coopers Creek. The people who had not been there before were open-mouthed in surprise at the vastness. And the beauty. You come across it so suddenly.

This is where we had our lunch. Looking out over that lush panorama. Nobody was complaining. The following hour or so was a nice balance of silence, marvelling, photo-taking, eating and talking, as I



remembered again why I like 'leading' this walk.

Our second walk in June was on the 29th – too late to make the Nimbin Good Times deadline. It will be written up in the next edition. Meantime, please note we are now publicising our walks program two months in advance. July will see a grade 4 walk led by Bill West in Whian Whian State Forest and a grade 4 walk led by Judy Hales at Dirangah Rocks. In August there will be two very different walks at Evans Head on the 17th, plus a weekend camp at Jerusalem Creek from 30th-31st (see box at right).

If you are interested in any of our forthcoming walks and have questions, please phone the walk leaders. Our website also has the Walks Program, and details about the club's history, membership form, etc. You will find it at: nimbinbushwalkers.com



July - August Walks Program

Nimbin Bushwalkers Club Inc.

Sunday 13th July

38-38 Walk, Whian Whian State Forest

Leaders: Bill West (0429-933-544)

Grade 4: Not a long walk, but spectacular scenery. Some clambering over rocks and a knife-edge scary section requiring sure-footedness, especially on descent.

Meet: 10am Rummery Park Camping Area, Peates Mountain Road off Minyon Falls Road.

Bring: Water, lunch and hat.

Sunday 27th July

Dirangah Rocks, Mount Nardi

Leader: Judy Hales (6689-1477)

Grade 4: For the experienced bushwalker, over 14km, through many forest types on the edge of the Caldera, over 800 metres above sea level, allow a whole day.

Meet: 9am Mount Nardi Picnic Area.

Bring: Water, lunch and hat.

Sunday 17th August

Two walks near Evans Head

Leader: Michele Alberth (6632-1214)

Walk one. **Grade 2:** Goanna Headland beach walk, 90 mins.

Walk two. **Grade 1:** Gummi Garra easy, level walk – wildflowers, rainforest, river views 90 mins. Further details next edition.

Weekend Camp

30th-31st August

Jerusalem Creek

Leader: Judy Hales (6689-1477)

Grade 2: Camp at Black Rocks, wildflower walk along creek, beach, lagoon and more. Further details next edition.

nimbinbushwalkers.com

Nimbin Garden Club



by Gill Jones

The visit to the Lismore Rainforest Botanical Gardens occurred on the winter solstice, the same day as our AGM, at which the same committee members were chosen. With a robust membership of 48, and regular garden visits of around 30 people, we are a happy community group with a good time had by all. We enjoy planning working bees and garden visits to ensure people experience a love of nature and observe a variety of garden designs.

The Botanical Gardens are next to the Revolve Centre, off Wyrallah Road, and we were shown the plantings of various natives by one of Lismore Council's staff

members. The gardens are planted out by a team of around 30 volunteers, and run by a management group who are responsible for the design of the gardens. A Lismore Council gardener also works in the gardens for a few days a week, to support the plantings of the vast variety of natives, all of which occur within a 200km radius of Lismore.

Paved walkways suitable for wheelchairs and strollers meandered around the west-facing slope and helped to display the named varieties of trees. It is wonderful to see how trees grow and to see how they display their shape so we can identify what plants to grow when back in our own gardens. The variety of trees planted created a lovely cool place to visit as well as showing us how a hoop



pine forest, planted in 1985, would create a magical dark forest once established. All echoes from a bygone era of the Big Scrub and well worth a visit.

The Lismore Botanic Gardens encourage volunteers on a weekly basis and have monthly working bees. Check out the council website for more information.

Our next visit is to the Koala Sanctuary in Lismore on Saturday 19th July at 2pm. The sanctuary is off Rifle Range Road, which is

left off Cynthia Wilson Drive (the very steep hill to the east of Southern Cross University). The sanctuary is well signposted.

We are offering a half an hour's weeding in the nursery to help the Friends of the Koala group, so please bring your gloves as well as a cup, chair and food to share. Please call Denise on 02 6689-9324 if you would like more information about the day. Native plants can also be purchased at the sanctuary. nimbingardens@gmail.com

Headers mens third division take, lose and take top spot again



New signing Beau Grabovsky scores Headers first goal against Goonellabah



Headers striker Huon Campbell doing what he does, skinning defenders

Match reports by Gary and PAC

Womens 3rd Division

Round 8 Sunday 1st June Nimbin Headers V Richmond Rovers

It had been a month since the women had played at fortress Nimbin, and a big crowd was present to cheer them on against Richmond Rovers.

We shot out of the blocks, and the Headers front line was getting behind their opponents time after time. Eventually the pressure paid off, and Ruby Grabovsky found the bottom corner to make it 1-0.

In the second half, Ginger O'Brien finished off a great team goal to extend the lead, and despite Rovers pinching a late goal, the girls stayed strong to notch up a fine 2-1 win.

Round 9 Sunday 15th June Lismore Thistles V Nimbin Headers

Lismore Thistles were second on the ladder, and looked in good form as they hosted a visiting Headers side sitting 4th and keen to build on a string of good results. It has been a real pleasure to witness the growing confidence flowing through this group of dedicated women, and their wonderful team spirit is evident for all to see.

The physical approach that the Thistles brought to this game was no match for the flowing football exhibited by the Headers early on, and once again Ruby Grabovsky showed her quality by running through their defence and cracking it home for a 1-0 lead. Within 10 minutes Emma Scott also breached the Lismore defence and coolly smashed it past a despairing keeper. 2-0 and looking good for it.

As she bore down on the Thistles goal once more, Ruby rolled her ankle and had to leave the field and was unable to return. This saw a momentum shift in the game, with Thistles scoring two quick goals to level it up 2-2 at the break. The second half saw plenty of chance for both sides, but to no avail as each claimed a well deserved point on a hot, sunny afternoon.

Round 10 Sunday 22nd June Nimbin Headers V Casino Cobras

Headers midfielder Brett Webb taking the ball forward against Goonellabah



Casino Cobras at home were the next opponents, and once again a large crowd gathered to witness a solid performance from our girls.

A well-taken solo goal mid-way through the first half from Ashlee Jones was enough to give the Headers a comfortable 1-0 win and see us move up to third on the ladder.

Round 11 Sunday 29th June Tintenbar V Nimbin Headers

A visit to Tintenbar/East Ballina was next up, with the division being split into odds and evens after this round. A win was vital to secure 3rd place and hopefully a favourable draw leading into the finals.

A few of us on the sidelines were in agreement that the first 30 minutes of this game was the best football that the Headers had played all season. Confident passing, good movement and solid defending resulted in Jasmine Evans getting on the end of a fine cross from Lauren Jefferys, and hitting the back of the net: 1-0 at half time.

More confident play followed after the break, and a rasping shot from Ruby Grabovsky was too hot to handle for the Tintenbar keeper, 2-0. A fine win was rounded off with a looping shot from Rainbow Lacher, perfectly positioned on the edge of the box, finding the top corner to give us a wonderful 3-0 away win. Bring on the second half of the season!

Mens 5th Division

Round 10 Saturday 21st June Lismore Workers V Nimbin Headers

The first attack on goal goes to the Workers – a flick on, but cleaned up by the Headers keeper. Six minutes in, Headers midfield player Andy Kindermann gets injured in a tackle and had to come off with a rib complaint.

On the grapevine I hear he'll be retiring, but will play in the Headers' last home game of the season. So all you Headers supporters get along to it and thank him for all he's done for the Nimbin Headers, on and off the field for so many years.

After the restart, Workers shoot, but way wide. The Headers attack

and it's kicked out for a corner. The corner comes in from Paul O'Reilly, a flick on by Dean Huff, saved by the Workers keeper but not held and Dave Sykes shoots but it's blocked by a Workers defender and cleared.

With 34 minutes gone, Workers break down the left, a pass inside and a goal: Workers 1, Headers 0.

Nimbin fullback Nigel Hayes, noticing the keeper way off his line towards the corner flag after a clearance, smacks the ball back in and the ball just floats over the bar, and that ends a pretty even first half.

The first second-half attack comes from Workers – a forward hits an up-and-under and that's what the ball did, landing just under the bar: Lismore Workers 2, Nimbin Headers 0.

The next play we see Workers having a corner a lovely ball into the goal area and a Nimbin player heads it towards the far post. A mix up by the keeper and a defender on the post gives away an own-goal, making the score 3-0.

With only seven minutes gone in the second half, Headers forward Jake Charles is brought down inside the penalty area. Bruce Hatfield steps up and converts his third penalty in four consecutive games: Lismore Workerx 3, Nimbin Headers 1.

The game is end to end stuff now, and Headers' Michael Longmuir hits a ball which is going into the top right hand corner of the goal, but is palmed away after an extended lunge by the Workers keeper.

As time is running out, Headers get a corner floated in by Grant Mercer and on the near post is Headers long-standing fullback Nigel Hayes to head home: Lismore Workers 3, Nimbin Headers 2.

And as the whistle is blown for full time, Lismore Workers have their first win of the season in the battle of the cellar dwellers.

Round 11 Saturday 28th June Richmond Rovers 8 Nimbin Headers 0

The second-to-last Headers game was away to the team who's leading the comp and have not lost a game yet, having eight wins and two draws.

And that's how the top of the table fifths should win, with the help of a few ex-premier division players.

Mens 3rd Division Round 9 Saturday 14th June Lismore Thistles V Nimbin Headers

The 3rds kicked off at Thistles with just 9 players on the field, due to 4 players being either injured or overseas.

Despite being outnumbered, the boys fought hard and even took the lead near the end of the first half with a nicely taken goal from Philsie. Thistles won and converted a penalty late to make it 1-1 at half time.

With the arrival of two more Headers, we had 11 players kicking off the second period, and it was one-way traffic from there. Goals from Brett, Romain and Phil made it 4-1, with Dean slotting a penalty to seal the game at 5-1. Thistles scored a well-deserved consolation at the death so it finished 5-2 and gave us a spirited 3 points.

This win puts Nimbin Headers back in first spot.

Round 10 Saturday 21st June Woodburn Wolves V Nimbin Headers

The visit to Woodburn again saw us frustratingly low on numbers, mustering only 10 for the start.

Yet again, the mighty Headers fighting spirit was evident in a hard fought match that had Woodburn holding a slender 1-0 half time lead.

Things got harder when three of our lads suffered injuries, meaning we finished the game with only nine players and Woodburn grabbed a late goal to run out 2-0 winners.

If we had 11 on the park, we'd have won this match. Still, a great effort to run them close.

This loss dropped Nimbin Headers into second spot.

Round 11 Saturday 28th June Nimbin Headers V Goonellabah Hornets

In the first 10 minutes, the Headers had three corners in a row but they could not penetrate the Goonellabah goal line defence.

The game falls into an attacking and defending mode without any significant shots on target. Then with 32 minutes down, a slick pass finds a Goonellabah forward who fires the ball goalwards, which hits

the Headers keeper and spins off his body, over his head and into the goal giving Goonellabah a one-nil lead.

The Headers respond within four minutes with a great pass from Brett Webb right at the feet of this week's signing (who has played for the Headers in the past) to Beau Grabovsky, who turns his man and shoots past a diving Goonellabah keeper to make the score Nimbin Headers 1, Goonellabah 1.

After that, we had some nice play by both teams until the Headers broke the shackles again with Igor Santos fighting hard to retain the ball, warding off several defenders to get a pass on to Leon Kindermann who slips a pass out to the wing forward (and new signing this season) Frenchman Roman Bordain who fires the ball into the net, giving the Goonellabah goal keeper no chance of getting anywhere near it, to give the Headers the lead three minutes from half time: Nimbin Headers 2, Goonellabah 1.

In the second half, the game was furious, dominated by some hard tackles. Then Headers player Roman turned his ankle in trying to avoid one, and has to come off for the rest of the game.

With 63 minutes gone in the game a Goonellabah forward is through the Headers' defensive line and as he's about to shoot at goal when Heaser's Defender Matt James puts in a superb tackle to give them a corner instead of a goal, and nothing comes from the corner.

With 15 minutes to go, Goonellabah are on the attack with some lovely passing from midfield to their forward line, and a shot is saved by replacement Headers keeper Dean Chaussivert. Original keeper Brodie Ross stayed on the park, having a bash at being a forward.

With a minute to go, Igor Santos receives a pass and strokes it past the keeper, but he had drifted into an off-side position and the goal was disallowed.

So finished a strange old game with the Headers having so many regulars injured, but the new boys did the job, and well done to both teams. Final score 2-1, which put Nimbin Headers back in first spot again.



Youth film workshops are back

Youth Connections North Coast is running five free film workshops in Nimbin over the July holidays for people aged between 10 and 20. The workshops, facilitated by filmmakers Darmin Cameron and Paris Naday, started on Tuesday 1st July at the Nimbin Youth Club. By attending all or some of the workshops, young people will be part of making a complete film. One of last year's productions from the workshops went on to win first prize at the Nimbin Youth Film Comp. The production *Stolen by Stone Demons* was a collaborative effort by a team of workshop participants who wrote, directed and edited the film at the workshops. During the workshops the whole filmmaking process is covered, and participants have the opportunity to use professional cameras,



sound equipment and editing software. The workshops will feature a supportive, fun and encouraging atmosphere. You can bring your own camera and computer, or use the equipment supplied. Remaining workshop dates are Thursday 10th and Friday 11th July from 10am to 2pm, at the Nimbin Youth Centre. For more information, phone Darmin on 0428-337-088 or email: darmincameron@gmail.com

!Vamos a bailar!

A 10-week 'Introduction for Beginners' course in flamenco dance will be run by Serena Joy, of Arte Gitana, starting next term at the Nimbin Community Centre. The course will run on Wednesday nights from 5-6pm, starting on 16th July. Bookings are essential as there is limited space. Classes will be \$15 each or \$120 for the 10-week course (block payments get two classes for free, and can be made in two instalments). Call Serena on 0405-819-404 to book a spot, and check out her Arte Gitana page on Facebook to be inspired.

Never too old...



Jim Columbo, author of 'Mandalik Eagle Birds', showing off his writing suit last term.

The Nimbin Open Learning Centre will begin Term 3 on 23rd July, and run for eight weeks. Enrolments are between 10am and 3pm in the Community Centre, on Wednesday 16th and Thursday 17th July. This term classes are being offered in Sewing, Art-making, Creative Writing, Ukulele, Personal Bookkeeping and more. The Open Learning Centre is a great way to acquire new skills and meet others who share your interests. For more information, call 6689-1477 or drop in on enrolment days.

Fantastic family day for fun and fitness



What an exciting year for this Year's Fun Run, with a bonus \$500 for the first male and female to cross the line. The 2014 Nimbin Fun Run, to be held Sunday 31st August has received enormous support from local business once again this year. The Fun Run is a fantastic family fun day with loads of prizes, healthy foods and a relaxed atmosphere. Children can purchase a wristband for \$5 and enter the many races and team games directly after the main event. The 5km run is for ages 12 and above. Children 12-16 can enter for \$15 and the open categories

for \$20. The race starts at the new time, 11.30am; entries close at 11am. There is camping available at the event for those travelling long distances. There are raffle prizes up for grabs just for entering, as well as best-dressed entrants. Thanks to Nimbin Apothecary, Nimbin Information Centre, Nimbin Emporium, Nimbin Neighbourhood Centre, Kahuna Massage with Chrissy, Nimbin Candle factory and Discover Fitness for their raffle prize donations. Volunteers will be needed on the day: track marshals, first aid, time

keepers, MC at the Showground, participant co-ordinator and children's event assistants. If you would like to volunteer please contact Cassandra Jefferys. Entry forms and additional information can be found on Nimbin Fun Run on Facebook, or email: cassandrajefferys@aapt.net.au Sponsors and Prizemoney Major Sponsors: Nimbin Hotel and Backpackers, Mount Franklin Spring Water and Nimbin Show Society. 1st male overall runner: \$500 Nimbin Show Society 1st female overall runner: \$500 Nimbin Show Society Male & Female Open 1st place male & female open: \$250 The Nimbin Hotel and Backpackers Award 2nd place male open: \$150 The Deb Forster Award 2nd place female open: \$150 The Happy Herbal High Award 3rd place open male & female: \$100 The Rainbow Power Co. Award

Over 45s Male and Female 1st place over 45s female: \$250 The Nimbin Tattoo Studio Award 2nd place over 45s female: \$150 The Nimbin Building Materials Award 3rd place over 45s female: \$100 The Daizy's Award Over 45s Male 1st place over 45s male: The Nimbin Lifestyle Real Estate Award 2nd place over 45s male: The Bringabong Award 3rd place over 45s male: The Tribal Magic Award 12-16s Male and Female 1st place 12-16 years male &

female: \$100 The Nimbin Bakery Award 2nd place 12-16 years male & female: \$70 The Dr Dan Oxlee Award 3rd place 12-16 years male & female: \$50 The Dr Dan Oxlee Award Discover Holiday Session times Circuit 9am Monday 7th July Yoga 10am both Wednesday 2nd and 9th July. Also, Thursday 3rd and 10th July Zumba 9.30 am both Friday 4th and 11th July Bootcamp both Thursdays 3rd and 10th July



Nimbin's Holiday Club is operating from the Youth Connections Building during the school break. The day runs between 9am and 3pm. The program is designed for children aged 5 - 12. Please read the dates and venues carefully and book to avoid disappointment, by phoning NNIC on 6689-1692 (between 10am and 4pm), or you can text Kylie on 0459-248-754. Please note that the basic fee is \$12 per day. Please ensure that your child wears appropriate clothing including covered shoes, brings a hat, and has adequate food and drinks. This program is funded by NSW DEC.

School holiday fun

Date	Program	Cost
Monday 7 th July	Nimbin Youth Club, Park and Skate Park DVDs, Art, Craft, Games, Music and more. Please bring food and water. Winter crafts and home made ice-cream. Kylie and Fran	\$12
Tuesday 8 th July	Nimbin Youth Club, Park and Skate Park DVDs, Art, Craft, Games, Music, dance and more. Please bring food and water. Cooking – coconut ice. Kylie and Fran	\$12
Wednesday 9 th July	Nimbin Youth Club, Park and Skate Park DVDs, Art, Craft, Games, Music and more. Please bring food and water. Last Day Party! Kylie and Fran	\$12

Crossword Solution From Page 22

Wayne's Gym: Four years and going strong

Nimbin Community Gym (full name: Nimbin Indigenous and Community Health and Fitness Inc) has celebrated being open for four years without any government funding. President, Uncle Cecil Roberts said he wants to again thank all the community for their support with ongoing fundraising. The current fundraiser is an autographed and framed Sydney Roosters jersey (pictured). The Roosters are the reigning NRL premiers and World Cup champions. The jersey, on display at the Nimbin Hotel, is for sale by tender – phone 0498-557-301. Secretary and gym manager Wayne Cuthbertson said he would like to thank Johnny Mayes, former Premiership winner with both the Roosters and the Sea Eagles, for his support in acquiring the jersey. The Nimbin Community Gym now has a contract with NSW Health for Exercise Rehabilitation. It also caters for group and personal training, weight loss and nutrition programs, and power and speed training. Contact Wayne for more information, on 0498-557-301.



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Normal Mon-Fri Week

Leaving	Arriving
Lismore Transit Centre	Nimbin – Main St. (Park)
7.00am	7.30am
8.00am	8.45am
12.00pm	12.35pm *
2.35pm	3.10pm
3.20pm	4.15pm
5.30pm	6.00pm

School Holidays

Leaving	Arriving
Lismore Transit Centre	Nimbin – Main St. (Park)
8.00am	8.30am
12.00pm	12.35pm *
2.35pm	3.10pm
5.30pm	6.00pm

Leaving Nimbin – Main St. (Park) Arriving Lismore Transit Centre

9.00am	9.35am
12.45pm	1.15pm *
3.25pm	4.10pm
6.05pm	6.35pm

No Public Holiday Service

Town Service - Wheelchair access available upon request, 24 Hour notice required

Some Buses connect in Nimbin for Operators to Murwillumbah

* Mondays & Thursdays Only

