

Bush Theatre News

by Daniel Soler

As I am writing this, something is taking place at the BT and that is the annual Nimbin Women's movie and dinner night I am told that no man worth his salt (including me) made an appearance except the constabulary in all its glory represented by none other than a senior constable and his adjutant.

I am informed that someone might have lit a joint, and the expert nostrils of the senior constable, whose aim was to detect a failing on our part (liquor licence), rewarded the officer with a whiff of a most mind-bending narcotic. Of course the culprit not being detected or even located (100 women present), made it difficult for the officer of the law to issue a warrant, a warning, or any other form of penalty to the 'soit disant' offender.

To conclude, this "dramatic" event (presence of narcotics) is not going to bear much fruit because there is no proof that "the offence" was committed on the designated licensed area.

Nevertheless there is a blotch against us in the note/report book that sits in the pocket of the officer.

On another more enchanting subject, the showing of the doco Marley was a great success, and the musos who offered their time to play some reggae numbers were very much appreciated. The two evenings went very smoothly,



many thanks to Johnny Gunja, Doug, Biskit and others for their participation.

The Nimbin Environment Centre movie night was attended by the usual suspects and Bob Oort donated his time with his customary brilliance. The NEC is now running their movie nights, screening important documentaries monthly, for a gold coin entry donation.

Kerriane Cox will be performing on the 8th December for the launch of the Sisters Healing Earth new CD.

The Nimbin Youth Film competition will be held at the BT December 15th.

To wrap up, Belinda's dad is not well. He is in hospital recuperating from a stroke; she will be travelling to the Mountains in the near future to spend some time with both her mum and dad.

Thank you for your love of the Bush Theatre and your support for us.

Daniel and Belinda

Teach dogs new tricks



Seven Northern Rivers councils have joined with National Parks and Wildlife Service, the Livestock Health and Pest Authority and the Invasive Animals Co-operative Research Centre to implement a dog education campaign.

Roaming domestic dogs and wild dogs are both having a negative impact on wildlife and livestock in the northern rivers.

The main aims of this project are to improve the level of responsible pet ownership and to increase active wild dog management.

Newly appointed Wild Dog project officer, Wendy Gibney, said there were 72,000 dogs registered across the seven councils in the Northern Rivers.

"It is important that all of these dogs are managed responsibly," she said.

Responsible dog owners should ensure that dogs are always under competent control or contained in a secure run. It is also important that dogs are micro chipped and desexed.

To ensure adequate resources are available to manage the wild dog problem all sightings need to be reported. If you see or hear wild dogs, call the Livestock Health and Pest Authority at Lismore (6621-2317), Casino (6662-3166) or Grafton (6642-3699).

...and help rescue abandoned pets

Animal Rights and Rescue in Lismore are desperate. Donations are down by 50% and as people are struggling more, the number of animals being rescued has greatly increased.

There are easy ways of helping, You don't have to donate money – although that would be great too!

There are now pink donation bins located around Nimbin, and you can put in collars, leads, animal cages, old blankets for bedding, old towels, pet food, ID tags, worming tablets, etc... even a ream of paper, packet of envelopes or band-aids, every little bit will help, and help you clear out some clutter, too.

The pink donation bins can be found at the Central School, Post Office, Servo, Newsagency, and Aged Care (at the Community Centre).

If you have something bigger, then phone Angie on 6689-0110 and she will come pick it up.

Centre for Balance and Empowerment

by Daniel Keszler



Wow, dear reader! It's the end of the year, where has it all gone? We are approaching 21/12/2012 rapidly

and I have a feeling, most of us will find our lives and Mother Earth still going and turning on the 22nd. Is there a consciousness shift, or was it always shifting? I for my part have always been on a journey of discovery and growth, driven by a thirst to understand the whole mystery of life and myself on an ever-deeper level. 2012 has certainly been an exciting and hugely growth-full year of my life.

My healing work is strongly enhanced by several factors: the Cranio-Sacral-Therapy work has taken me to get deeper into the subtle and energy body work and has strongly reactivated my energy work. CST is a way of working with the body through one of its most subtle and still measurable pulse-systems, namely the cranio-sacral pulse. It is a pulse that appears to be generated in the brain, and spreads through the whole body. It shows itself in an unfolding or expanding and a folding or contracting movement, not unlike the movement of a jellyfish, one of our oldest and most basic lifeforms.

What does it do? What is it there for? As mentioned, it seems generated in the brain by the rhythmic production of

cerebrospinal fluid or the rhythm may cause the extraction of fluid into the brain cavity. However it may be, rhythm seems to be one of the most basic conditions or phenomena of life-forms, and the uninterrupted 'flow' of the rhythm is a sign of harmonious, healthy functioning. Therefore, I conclude, that any therapy aims at restoring or establishing an harmonious flow in a life-form or in a system or field of life-forms.

In CST, we work with one of the most profound rhythms of the human being, I believe, it is the first rhythm to appear in utero and the last to cease after death. If it is interrupted at length or compromised by trauma, the body affected, quickly shows signs of distress and dis-ease, the healthy functioning is impossible.

In a CST-session, I mainly become a 'space-holder', a listener and observer as the CS-rhythm sorts itself out, if it has space and time to do so. I acknowledge my own presence in a session and as I share the time and space with a client, our bodies will find resonance and will show tendencies to entrain each other. As the therapist, I am trained to be highly aware and vigilant towards my centredness and my 'being groundedness', I am also aware of resonance and entrainments which may happen, and it can be my task to be of as little influence as possible other than as a time/space holder.

My concern is to provide a high quality supportive time/space, so that the client may be able to expand, explore and evolve his/her being. The result is change, growth, and integration.

Well, the readers who know me, know that I am not a purist. In my practice, I use many tools, I may do some deep tissue work and then some energy work, I may work with MFR and then go into needling... in other words, I use all my resources to support my clients towards their desired results. I believe strongly in creativity and intuition, and yet, if someone wants a pure CST session, I am happy to be of service.

I hope this has given a little more insight or stirred your curiosity. I am currently working with a partner in practice, who is training in the healing arts under my guidance and who is highly talented and skilled already. Her name is Riana, and she is very pleased and eager to work with me on you. This means you have now the choice of having me or us both working on you. I highly recommend the four handed work, as it multiplies the effect of treatment manifold. I am charging now \$70 per 1 1/4 hour session, regardless of modality and number of hands involved.

Finally, I want to remind you to consider a voucher as a Christmas gift idea. I wish everyone a beautiful and peace-filled end of the year and hope to delight you again in the coming year with with my columns and treatments.

Bush Theatre screen previews

Reviewed by Belinda Marsh

DECEMBER PROGRAMME

Shadow Dancer

Friday 7th only at 7.30pm \$10

A single mother with a young boy is living in Belfast with her mother and IRA brothers. She is arrested for her part in a bomb plot. She is given a choice—spend 25 years in gaol or spy on her family. Rated M. Stars Clive Owen, Angela Riseborough and Gillian Anderson.



CD Launch

Saturday 8th December

Sisters Healing Earth to be launched by Kerriane Cox, and many invited performers. Cafe open from 4pm

Safety Not Guaranteed

Thursday 13th and Friday 14th at 7.30pm \$10

Three journalists decide to look at the story behind a peculiar classified ad, and uncover an eccentric man who believes he has solved the riddle of time travel. Very funny and offbeat. Rated M. Stars Mark Duplass, Aubrey Plaza, and Kristen Bell.



Nimbin Youth Film Competition

Saturday 15th

Everyone is invited to the screening of finalists' entries on the theme: It's My Life, with trophies and cash going to the winners (see story, page 11).

The Wedding Party

Friday 21st and Saturday 22nd 7.30pm \$10

To save himself from mounting debt, Steve agrees to marry a beautiful Russian woman who is offering a large amount of money in return for residency. Funny Aussie rom-com. Rated M. Stars Josh Lawson, Isabel Lucas and Steve Bisley.



The doco *Searching for SugarMan: the life of Sixto Rodriguez* was such a success, with standing ovations, that it will be shown again in January 2013 (if the world has not ended on 21st December).

The Bush Theatre will be closed for a Christmas break from Sunday 23rd December to Friday January 4th 2013. Have a good Christmas and a fabulous New Year.

Thank you for all your support in 2012. We'll see you in the cinema in 2013!

Belinda and Daniel

VIBRATIONAL MEDICINE
CHRISTO BELLE
HOLISTIC HEALING
POLARITY
ENERGY BALANCING
AUSTRALIAN BUSH
FLOWER ESSENCES
ZUELA CHRISTIE
0429 501 387
 AT THE GREEN BANK
"First, do no harm"

Debbie Guest
 Civil Marriage Celebrant
 Phone: 02 6689-0089
 Mobile: 0427-975-650
 email: debgceleb@yahoo.com.au
 www.debbieguest.com
 debbieguest.blogspot.com
 Contact me to discuss your requirements

Centre for Balance and Empowerment

- Structural & Functional Assessment & Correction
- Remedial Deep Tissue Massage
- Triggerpoint Therapy & Dry Needling
- Trauma Healing & Clearing through Holographic Kinetics
- Energy Work
- EMF Balancing Technique®
- Chen - Style Tai Ji Quan
- Qi Gong
- Integral Martial Arts
- Fitness Training
- Meditation
- The Warriors Path Workshops

Daniel Keszler
 Home Visits Possible
 sirius@yellowspace.net
 Nimbin: 6689-1529
 Coffee Camp: 6689-9249

Memorial in fine shape



by Paul Le Bars

The Nimbin District Memorial landscaping upgrade is starting to take shape.

The ANZAC Gallipoli Cove rosemaries are now planted, together with flowering annuals, day-lilies (donated by Mr. Osborne), bromeliads and succulents for the rock features, and settlers flax has been planted behind the new Seat of Remembrance, built by



to Gai Reid for her plant donations and her ongoing assistance with the project, and Darvey for his help with cleaning and planting of the beds.

Thanks must also go to the community for your support, encouragement and attendance at the ANZAC and Remembrance Day ceremonies.

"Lest We Forget"

P.S. For those who have asked about the top of the monument, the Broken Column represents lives cut short, and is fashioned to look as if broken.

Adrian Williamson and funded by community donations.

Thanks to Lismore City Council for securing the seat. Funding is now being sought through the Dept of Veteran Affairs to complete the project with eight sandstone plaques.

It is hoped that we can have a commemoration ceremony for the Seat of Remembrance in the new year. Many thanks

Is your tea strong enough?

by Rebecca Ryall, Tea Medica



I have many times come across the perception that herbal teas are a lightweight option in the world of therapeutics.

They are seen as benign, and therefore not very effective. There is a widespread belief that the only really useful herbal preparations are alcoholic tinctures, or standardized capsules.

Well, herbal teas are benign; that is, they are gentle, exert a beneficial influence, and have very little potential for detrimental effect. Gentleness can often be confused for powerlessness.

The benefits of herbal teas, as I see it, are many, including:

- Increased liquid intake – most of us do not drink as much water or clear liquids, as is required for optimum functioning. Drinking herbal teas is a great way of ensuring adequate liquid intake, especially for those who are not keen on water, or who prefer a hot drink.
- Detoxification – taking clear liquids, regularly, throughout the day, aids the body in ridding itself of toxins, just by providing the liquid required to flush these out of the system.
- Gentle action – yes, gentleness is a valuable quality in many situations! It is my opinion that in many states of disease, the body systems are already stressed and working harder than necessary. A tea is a beautiful vehicle for delivering a remedy when needed, without placing further stress on the body.
- Adjunct therapeutic effect – in many cases of chronic and serious disease, it may not

be possible to have a direct impact; a 'cure' as such. This does not diminish the role of herbal tea in these cases. While we may not be able to effect cure, it is certainly possible to be of assistance through the tonic and strengthening action of well indicated herbs. Providing a background boost to immune function, detoxifying the liver, cleansing the blood, relaxing an over active nervous system, improving circulation – all of these will give strength and fortitude to a sufferer of chronic or serious disease, and these effects cannot be overestimated.

• Self determination – I cannot overstate the advantages of being involved in one's own health care. Making the decision to value one's own health, choosing to pursue a therapy (any therapy!) and taking the time to make some tea, allowing it time to brew – these are all powerful messages to the psyche that you are worthy, that your health and well-being is important.

A healthy outlook is one of the most important predictors of recovery from acute disease, and is invaluable when dealing with chronic and serious health issues.

You don't need to have something wrong with you to reach for a cup of tea; all of the benefits will still apply, regardless of your health status.

I have had a terrific response to my hayfever tea trial, the feedback has been positive, and I am ready to offer this therapeutic blend for sale, through The GreenBank, and my online store at: www.teamedica.com.au

If you are curious as to what's on offer, or how a therapeutic blend may benefit you, then now is the time to drop in and see me, on Mondays or Thursdays, at The GreenBank. I look forward to sharing a cuppa with you.

Healing with Rose



A workshop conducted by Kaliana Rose will be held at the Community Centre in Cullen Street, Nimbin, on Sunday 16th December.

Kaliana Rose is a vibrational healer, clairaudient channel and singer of ancient songs for personal and planetary healing.

Kaliana considers that her main training has come from inner spiritual guidance, and she attributes much of her growth to the lessons learned in daily life, whilst mothering and in relationships.

Since 1984, she has also studied many healing modalities including Rebirthing, Touch for Health, Inner Child Therapy and Acapela singing. She brings to her work a passion for truth and a deep commitment to her own healing journey.

Her vision is to see an empowered humanity that lives together in peace, nurturing and honouring each other, the children and mother Earth.

Nimbin-based therapist Tonia Haynes said, "This is one of the best workshops I have attended over the years. We had a special day."

The workshop runs from 9.30am-5pm and costs \$70, with \$30 deposit.

Please book to help catering for those attending. Phone 6689-0240 or mobile: 0439-794-420.

Sciatic pain v. Bowen Therapy

by Tonia Haynes Dip Bowen Therapy, Cert Remedial Massage, Advanced Pranice Healer, Advanced Cell Ectrology Kinesiology



Sciatic pain can be excruciatingly painful, standing, sitting, or lying down. Talk about no rest for the wicked and I don't mean the totally cool, wicked of today, I mean the totally, morally bad wicked of yesteryear, when the dictionary was still young and pessimistic.

The Piriformis muscle, which sits at the top of the side of the leg and slightly towards the buttocks, is a major player in sciatica, because it protects the sciatic nerve. This recalcitrant muscle, on its bad hair days can make one perspire with pain.

It is only small, but the damage it can do and the negative control it can exert over the rest of the body would make Napoleon green with envy.

Add to this a fourth and maybe a fifth lower-back vertebrae being squeezed out of shape by dissatisfied muscles, a few over-tight ocky straps which have the job of holding the sacral bone at the bottom of the spine in place, tight or stretched muscles in the upper leg, lower leg and perhaps even the foot, and you will throb with a symphony of pain from lower back to ankle. Much of the time.

How do I know this? I am still attempting to find the person who once owned a voodoo doll with my name on it. Conversely, it may have been a simple case of lack of communication between the

driving seat of my new, but old, Toyota Corolla and myself.

Once I recognized that the Corolla was in total control

of my comfort and also treated my excruciatingly sore body to a couple of Bowen treatments from a colleague, the pain went away.

Mind you I did not hang around for weeks or months waiting for the pain to magically disappear. I am far too much of a wuss for that. Two nights with no sleep was enough for me.

For you brave bearers of sciatic agony, who are throwing down pain killers like Tic-Tacs, I give you the tip. The quicker you allow a Bowen Therapist, body worker or acupuncturist who knows a lot about sciatic pain to lay their loving hands on the problem, the better.

Around 85% of sciatica is totally fixable. The other 15% demands at least an X-ray and perhaps a scan. The sciatic nerve can occasionally catch itself in the most unamusing ways around that muscle with attitude, the

Piriformis.

It may be that your crippling pain is not a squashed sciatic nerve at all. It may be coming from other squeezed vertebrae in the lower back, which serve other nerves that run down the leg.

Louise Hay, the guru of emotional disfunction and its physical counterparts, maintains that sciatica is caused by fear of money and fear of the future. Her mind and body changing affirmation for sciatica is: "I move into my greater good. My good is everywhere and I am secure and safe."

Hay's hypothesis is that speaking an affirmation ten times a day for 30 days with intent, has a powerful effect on one's state of mind. I believe this to be so.

In the meantime I am in clinic in Nimbin on Tuesdays and Saturdays, and the removal of sciatic pain is of particular interest to me. The mixture of Bowen Therapy and other spinal and muscular realignment therapies that I practise can go a long way to assisting you towards a pain-free existence.

Phone for appointment 6689-0240 mobile 0439-794-420.

"Individual Help for Individuals"



Tonia Haynes
20 years healing experience

- Bowen Therapies
- Soft Tissue spinal realignment
- Structural Rebalancing
- Pranice Healing
- Emotional Field Therapy

Nimbin Clinic on Tuesdays and Saturdays

For appointments, please phone 02 6689-0240
Mobile: 0439-794-420

The Contented Tummy
45 Cullen Street, Nimbin
Zentold's Byron Coffee
Open 7 days from 7.30am
Night Dining Fri & Sat
Home-style Australian and International cuisine
Phone 6689-0590

Your hosts
Carolynne and Garry

Matilda Blue
Nimbin Servo

- Fuel, oils, automotive needs, ice, gas refills & Swapa-gas
- Drinks, icecreams, bread & milk, newspapers, cigarettes
- Stock food, horse & cattle food, lucerne
- Pet food, frozen pet meat and bones

Open 7 days: Mon - Fri 7am - 6pm, Sat 8am - 6pm, Sun 8am - 5pm

Shop & GO

Open 7 Days • 50a Cullen Street
NIMBIN ORGANICS
6689-1445 • nimbinorganics.net.au

Around the markets



Nimbin Directions

The Nimbin Markets continue to grow; stall numbers were up for November, with most stall holders reporting good trade for the day.

One of our more popular new additions was the inclusion of children's activities such as a jumping castle and balloon twisting clowns to brighten up the day and give parents a moment to relax and soak in the ambience of the Community Centre's heritage listed grounds.

As a part of our efforts to re-invigorate the essential Nimbin tourism asset that is Nimbin Markets, we are asking what you'd like to see as a regular attraction.

Would you enjoy live debates on contentious local issues? Perhaps the idea of Soap-box Speakers espousing their dreams to the world floats your boat?

How about Workshops? Everybody loves a good workshop, it's a great way to learn from your peers, share information and participate in the life blood of your community...

A few ideas have been floated, and we love to facilitate your involvement in your market by helping you to make these things happen.

Nimbin Markets, great food, great music, great community. See you there!

Changes at The Channon

The new Market Management Committee, elected at the AGM in November, is: President: Andy McOscar; Vice-President: Scott Osborne; Treasurer: Jo Pitt; Secretary: Christine McFadden; Ordinary Members: Karen Symonds, Alan Willard, Maya Carpenter.

The committee has two vacant positions. If you are interested in being a part of the market organisation team, please contact the Market Office on market weekend, or apply at the next General Meeting, to be held on

Wednesday 12th December, 6.30pm at the Channon Tavern.

Eftpos is now available at the Market Office in "The Shed", where a First Aid Room is also located.

Please leave your dog at home! The Channon Market has a strict rule No Dogs policy at the market and car park, and is an alcohol-free event.

Have a say about Kyogle Showground

Members of the community are being given an opportunity to have a say about how the Kyogle Showground Crown Reserve operates, and hear what the Trust intends to do over the next 12 months.

All groups and individuals who hold licences with the Trust for use of the Showground are especially invited to attend the public feedback session, to be held on 14th December, 7pm at the Showground.

Following the session, the Kyogle Showground Trust will hold its AGM.

The Trust has recently been funded by the Federal Government through the Australian Men's Shed Association, for a Men's Shed to operate at the Showground.

People who are keen to be part of the Men's Shed should contact Helen Goebel on 0459-537-601 so that invitations can be sent out in the New Year.

Kyogle Council has recently achieved RV-Friendly town status for the town, and Helen will be responsible for overseeing a growing camping market of Grey Nomads who travel after retirement, as well as supporting licenced groups who use the Reserve.

Bookings for 2013 are now open, and to make a booking please contact Helen. Email bookings for camping can be made at: showgroundcamping@gmail.com and for general bookings and enquiries: showgroundbookings@gmail.com

ASTRO FORECASTS BY TINA MEWS

YOUR MONTHLY REVIEW OF WHAT'S HAPPENING IN THE HEAVENS

December



In the yearly cycle around the zodiac, we have reached the sign of freedom-loving Sagittarius, the realm of far reaching visions and expanding horizons. Sagittarius is symbolised by the centaur, being half man and half horse. In Greek mythology, centaurs were adventurous, brave, and wise; they were also given to brawling and uncivilized behavior. "Don't fence me in" says the individual with a strong Sagittarian signature. It is highly important for them to have a goal they feel enthusiastic about and that is worthwhile pursuing. At times they can be their own worst enemies by having placed too high expectations – combined with too little staying power – upon themselves and others with the result of getting depressed when things do not work out as imagined. Mostly, though, they recover fast and are not too shy to tell you what they think because honesty ranks very highly in the Sagittarian value system.

This moment in time is regarded by many as very auspicious because on December 21 we have arrived at the apparent end of the Mayan Calendar based on the Solstice Sun alignment with the Galactic Centre. The position of the Sun for our summer solstice sunrise (on the southern hemisphere and winter solstice on the northern hemisphere) has now precessed to the centre of the Milky Way. This cosmic alignment was never only significant to the Mayans. For example, the Egyptians regarded the Galactic Centre as the ancient and sacred place of the sky goddess Nut, the cosmic womb who gave birth to the Sun. It is known astronomically that the great black gas cloud covering the Galactic Centre is the birth place of myriads of stars. According to author and Mayan researcher John Mayor Jenkins, we are near the end of a 36 year period (approximately 1980 -2016) when the 'solar god' (= new age, new consciousness) is reborn through the birth canal of the Milky Way – an event which only repeats once every 26,000 years. He states that "this astronomical alignment does not 'cause' us to grow; rather, it corresponds to a process of awakening happening in the depth of our inner being. It is the outer symbol of an essentially spiritual revolution." It requires our free will to take active part in this great transformation process, which does include our intentions and life style choices (www.delaselva.com/contents/prophesy.html).

Another rare alignment to the planet Jupiter highlights the importance of the current moment. Jupiter signifies freedom of thought, the urge for mind-expansion, spiritual insight and our beliefs including religion. Jupiter is the focal point of a triangular formation called a Yod. A Yod is a combination of 2 stressful and 1 harmonious planetary aspects and emphasises that something has to be redesigned, a difficult choice to be made without really knowing what is going to happen. The two other planets involved are Saturn, signifying our 'consensus reality' with its rules and regulations, and Pluto, the transformer and destroyer of old forms. When working together these forces become the 'midwives' of a new physical reality. As mentioned above, Jupiter is associated with beliefs, our worldview and the way we create meaning in our lives. Jupiter is located at the moment in logical Gemini, so we might experience a conflict between what we know and what we believe. We are asked to overcome our own conflicts in regards to religion, philosophy and/ or spirituality. In this way we are able to energetically support the ending of all religious wars and the awakening of a more understanding and unifying paradigm. Gigantic Jupiter can be seen in our eastern skies right now and will be below the fixed star Aldebaran for most of this month. Aldebaran is one of the 4 Royal Stars of Persia which is supposed to bring success and promises the attainment of one's goals, if we keep integrity and do not compromise moral values and honesty. This could be an invitation towards a powerful reshaping of our vision of the future. This solstice symbolises both the end of a great cycle and the birth of a new beginning which can be a very challenging process; after all it is a birth!

For Personal Astrology Consultation contact me on 66897413 or 0457903957, via e-mail: star-loom@hotmail.com or visit my web page: <http://nimbin-starloom.com.au>

One-day-workshop: Astrology and Australian Bushflower Essences with herbalist and astrologer Linn Wiggins on 16 February 2013. No prior knowledge of astrology is required. Contact me now for more information

Aries

This moment in time encourages you to shift to a higher more comprehensive level of understanding. Redress any imbalances that might exist between influences other people have over you and the power that you require for directing your own life.

Taurus

Free your mind and expand your perspective in regards to your value system. What is really important to you? What are the things you have to have and what can you give up? Search for a new moral code that deepens your relationships and helps with unifying different groups of people.

Gemini

You are asked to make adjustments in your beliefs about yourself by rising above your self-imposed limitations. Grow with the challenges that you need to overcome and accept the birth of a new phase in your life. Trusting others will help with shifting boundaries of what is possible.

Cancer

Paying attention to your dreams helps with working through old resentments and hurts. This will free up your imagination. Accept your role as powerful transformer in your current encounters with others. Relationships might be hard work at the moment, so take time out whenever you need to.

Leo

Consciously work on expanding your perspective through meeting with different groups of people. It supports the powerful inner work that you are destined to do right now. Use your reformatory powers for your own personal transformation.

Virgo

Your vision for the future can be raised to another octave right now. What is your contribution to the world and how can you serve best? Stay positive and visualise your dreams as already manifested even when those around you do not seem to understand your inner processes to your satisfaction.

Libra

Creating a new physical reality seems essential right now. Balance far-reaching visions with everyday needs and requirements. Learn as much as possible but remain open to the challenge of opposite views. Thus you make sure that you remain integrated with the whole.

Scorpio

In these difficult times many of you Scorpions have taken on the task of helping or guiding others with your healing work. However, your own soul might need healing too, pressuring you towards enlarging the scope of understanding through experiencing your own vulnerabilities

Sagittarius

Actively participate in shaping a new future that allows everybody freedom of speech. You might find yourself in situations that require reconciling of opposing views. Avoid jumping to conclusions and false evaluation by maintaining an open and accepting mind.

Capricorn

You will find that you have an important role to play in your social environment as a transformer and builder of old forms. Stretch your beliefs of what is possible and maintain an optimistic outlook especially during the last week of this month, as your need for stability might be challenged.

Aquarius

You might feel called towards taking on a special role in the world which may force you into making a difficult choice. Honour your free will and do not compromise your integrity. Once old fears about inner restrictions are recognised, accepted and transformed you will be empowered to be the self you are meant to be.

Pisces

Your alertness for new ideas and concepts is heightened at the moment. Therefore, keep your wishes honorable and as clear as possible by focusing on the wellbeing of the whole. Work on the realisation of your vision and make it visible which can include artistic projects or applied healing work.

Terry Bressington
PLASTERIN' NIMBIN'
 0427 891626
Gyprock walls and ceilings
New work or renovations
 Lic. No. 100169C

TREEFELLAS
 Timber Felling
 Tree Climbing
BLUE KNOB
 Mob. 0429 897 234

Star-loom
 Navigation by the Stars
 Astrological Counselling
 Chart Readings
 Workshops
 Tina Mews
 02 6689 7413
star-loom@hotmail.com

Skyfall (M)
Film review by Stephen Wright

When the Queen met James Bond during the Olympics, it was broadcast live as a real world event. This suggests that the British believe that either Bond is real or that the Queen is imaginary.

Skyfall is easily the best action movie since *The Bourne Identity*. And of course Daniel Craig's Bond is meant to be an amalgam of Jason Bourne and the Batman of the Dark Knight series. It works for Bond because there are plenty of narcissistic murdering misogynist psychopaths around who think they are saving the western world from evil.

The women of Daniel Craig's three Bond films are divided into two categories; those he sleeps with and those he doesn't. Those he sleeps with die, sadistically. Vesper Lynd graphically drowns, Solange Dimitrios is tortured and then murdered, Strawberry Fields tortured, murdered and her body



covered in oil, and in the most disturbing scene from *Skyfall* the former sex slave Severine is beaten, tied up and then casually shot by the Bond villain while Bond drinks scotch.

Of course the most significant woman in the Bond films is M, the head of MI6, played by Judy Dench. The initial 'M', one imagines could well stand for 'mother' and in *Skyfall*, M's fusion with Bond is striking. M is not M without her Bond, and Bond is lost and unanchored without M.

Skyfall is massive on product placement. A quarter of the cash for the \$200 million budget for *Quantum of Solace* was met through product placement – Ford, Heineken Pilsener, Smirnoff, Virgin Atlantic, Sony, Coke and so on. *Skyfall* takes product placement to a whole new level. The product most heavily promoted in *Skyfall* is Britain. It's like the royal family got together with Saatchi and Saatchi and New Labour to write a Bond script.

Anyway, Bond is burned out, drinking too much and has lost his edge. His pseudo-mum, M is being pursued by a mysterious figure from her past who wants to publicly humiliate her before presumably killing her. He turns out to be a former MI6 agent, Raoul Silva, previously as close to M as Bond is now and made expendable by her to his own detriment.

Skyfall is the Bond ancestral manor in Scotland where young James lived until his parents died, and this is where the final denouement

between Bond, M and Silva takes place, featuring crashing helicopters, nail bombs, and Bond's 60's Aston Martin. The Aston Martin is a weird addition, because if the film is claiming that Craig's Bond is Connery's Bond then Craig's Bond is eighty years old.

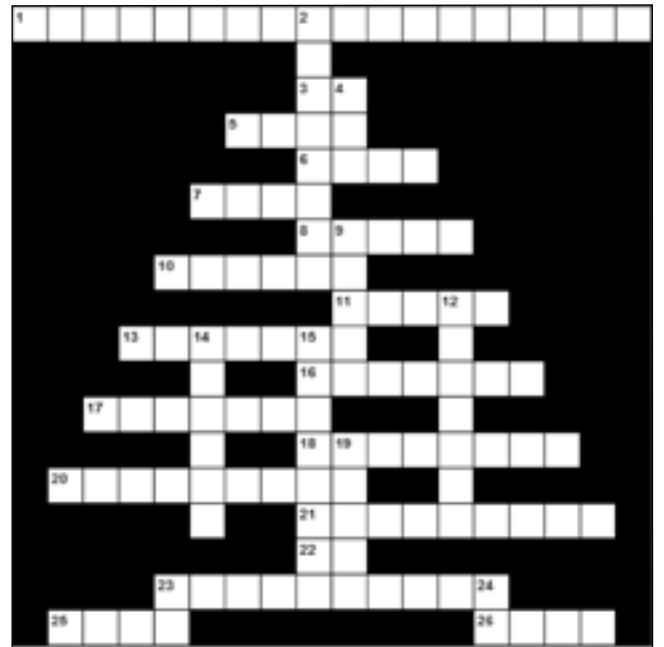
Anyway, everything goes pear-shaped before Bond's final redemption. And 'redemption' is the operative concept. Things get all religious and mystical and weird, in a Bond-ish way, and you probably don't want to think too much on the idea of M as Bond's substitute mother.

Still, it's all very satisfactory. Word is that Daniel Craig still has two films to go on his Bond contract and wants out. Whether he gets to do that or not, we can expect the next Bond megabuster to feature even more Bond backstory about dead parents. Maybe we'll discover they were killed by a supervillain, which will make Bond seem like a more violent version of Harry Potter, armed with a Glock instead of a wand.

Nimbin Crossword

2012-12

by Synic



Across

1. (5,5,1,7) Gift for the eighth day
3. Radio signal carrying information in frequency changes
5. Drive away (animals, for example)
6. Hypnotised? Attentive
7. (And 10 across) (4,6) Wired xmas decorations?
8. Father Christmas
10. See 7 across
11. Colour
13. Celebratory
16. Asks? Party notices
17. Wooden garden lattice
18. Rocky Mountain US State – legalised recreational cannabis use in 2012
20. Pacific Seaboard US State –legalised

- recreational cannabis use in 2012
21. Usefulness? Readiness
22. Northeast (init.)
23. (5,5) Crush?
25. (Saintly) aura? 343 Industries' FPS
26. Christmas

Down

2. Log until bare
4. These extinct giant kiwis kept the grass short
9. Resort in 18 Across
12. Unadulterated
14. Waters rising throughout the Murray-Darling
15. Count's little brother
19. Beginning (of a plague, for example)
23. 1/3 of Santa's Chuckle?
24. Close to?

Solution Page 27

Reviews from the Crypt

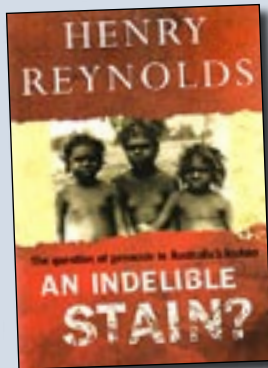
Henry Reynolds is probably Australia's most famous living historian. The sub-title of *An Indelible Stain*, 'The question of genocide in Australia's history', put forward the kind of argument that so incensed right-wing ideologues like John Howard. Reynolds has been the foremost documenter of Australia's frontier wars, and his arguments and research have given great weight to the idea that a policy of genocide has underpinned many of white Australia's punitive actions against Aboriginal people.

Reynolds demonstrates that a policy of extinction took many shapes. One didn't have to be a pitiless, brutal racist to support the idea of the 'passing

Henry Reynolds
An Indelible Stain (2001)

away' of Indigenous people. One could decry the murder and massacre of Aboriginals while also being resigned to the fact that the relentless advance of 'higher' civilisations made the disappearance of Aboriginal people, regrettably, necessary.

Of course there were many mechanisms that made this possible from outright killing to the removal of children and the doctrine of 'assimilation.'. Reynold's makes it clear that the attempted extinction of Aboriginal people was not so much an accident of history, as a structured part



by Stephen Wright

of the strategy of occupation.

Reynolds also argues that the desire to 'absorb' Aboriginal people into the body of the dominant Anglo culture is still strong. That is why successive Australian governments have

opposed Aboriginal self-determination. Reynold should be on everyone's bookshelf really. He isn't yet, of course, but I'd still bet that his arguments will be current long after John Howard is dead and forgotten.



Sun Ra
Jazz in Silhouette (1959)

Sun Ra was most likely one of the most extraordinary figures in music. In a field of endeavour not lacking in lunatics, spectacular poseurs and narcissistic megalomaniacs, that's saying something.

Sun Ra was none of these

things, and he was a genius to boot. Sun Ra was born Herman Blount probably in 1914, in Birmingham Alabama, later one of the hotspots of the Civil Rights movement. As a young Black man growing up in the US south his challenges were considerable. Sometime in the 1930's Sun Ra had a vision in which he was transported to Saturn and spoken to by alien beings,

who told him to drop out of college and devote himself to music. Sun Ra had always been a talented jazz musician, but now he went into overdrive.

Jazz in Silhouette captures Sun Ra on the cusp of his shift from Big Band to what he called 'cosmic jazz.' It's quite an amazing piece, lighter and more radiant than the usual big band stuff, terrifically colourful and fractured by some of the avant-garde ideas that Sun Ra was to develop over the next few decades, on such

records as *Space is the Place*. Sun Ra was in his eighties when he died, and over his career released something like a hundred albums. That makes your average one-album-every-two-years muso look manifestly slothful. Wearing costumes that made him look like one of the Magi had gotten into Warhammer cosplay, he and his Arkestra produced wild and innovative music endlessly, and promoted peace, awareness and black power. Even if you're not into jazz, Sun Ra is the man.

SEPTIC TANK PUMPING
GREASE TRAP CLEANING
LIQUID WASTE REMOVAL
OILY WATER PROCESSING
NIMBIN & ALL SURROUNDING AREAS
Local Since 1932
RICHMOND PUMPING
6621-7431 After Hours 0407-433-405

Nimbin Tattoo Studio
+61 02 6689 1393
Nimbin Australia
www.nimbintattoo.com
info@nimbintattoo.com
Shop 2/46 Cullen Street, Nimbin

Sean Ardern
ELECTRICIAN
0429 890 181
Lic. No. 238231C ABN 85716021096